

The MERCURY M



Check out our website! A NEW LOOK www.mcgregor.k12.mn.us

In This Issue

- 2 From the Principal
3 PLAY McGregor Playground
4 Shots... It's the Law
5 Meet the New Teachers
6 Lunch Program
6 Driver's Education
7 21st Century Program
CE 1- CE5 Community Education

WELCOME BACK TO SCHOOL! OPEN HOUSE Thurs., September 2 • 5:00 to 7:00 PM Students can see their classrooms and meet their teachers.

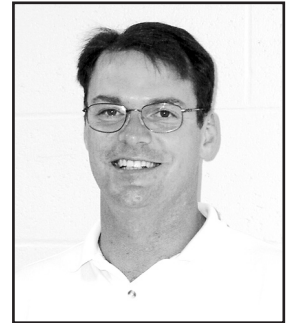
From the Superintendent

I hope that all of you have had a wonderful summer and that you are ready to return for the 2010-11 school year. There have been many building improvements and we will have thirteen new staff members this fall. So there has been plenty of change and a lot of preparation for this new school year.

From my experiences I feel that thirteen new staff members is a lot for McGregor School. There are; three new bus drivers, three new custodial cleaners, one new cooks assistant., a new secretary in the Alternative Learning Program, and five new teachers. I would like to welcome each of the individuals to our school and community. Our new teachers are; Language Arts teacher Jerod Fischer, Instrumental Music teacher Eric Leist, Kindergarten teacher Sara Moser, Physical Education teacher Josh Wahlin and Industrial Technology teacher Barrett Willard. Because we are waiting for board approval the rest of our new staff members can not be introduced at this time.

Several recent maintenance projects have been accomplished. Interactive boards were installed to enhance the use of technology in the classroom. A new air handler was installed in the area of the high school media center. All of the carpeting was removed from the elementary hallways and replaced with tile. Two roofs were replaced one of which was the area over industrial technology department. We installed a watering system for the football complex. A lighting project designed to reduce our use of electricity in two gyms and the elementary media center is completed. In addition there have been many painting projects, floors refinished and I am very proud to see so many nice improvements to our school. Special thanks to the maintenance department for their hard work with this.

There will be an Open House on September 2nd from 5:00 - 7:00 p.m. This is an opportunity for students to meet their teachers and get their school schedules with locker assignments. If you need to make schedule changes staff will be available for this as well. It is a nice opportunity for you to visit and alleviate any back to school anxiety as well. We will be serving a meal at the open house, I hope you can attend.



PAUL GRAMS Superintendent/Principal

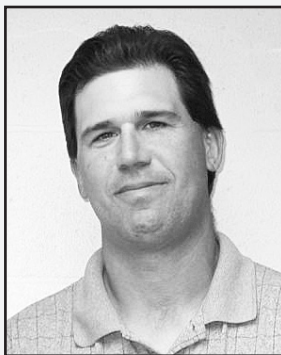
OPEN HOUSE Wednesday, September 15, 2010 • 10 am - Noon
• Enroll for the NEW Healthways SilverSneakers Fitness Program
• Visit the Healthways Representative
• Meet McGregor Fitness Center Staff
• Pick up literature on all classes and workouts
• Take a tour of the Community Fitness Center
• Light refreshments served
• Bring your fitness cards and get enrolled today!
Be healthy and stay independent.
Get fit, have fun, make friends!
Healthways SilverSneakers Fitness Program

From the Principal

As a new school year approaches, students will see some new faces in the high school. I am very pleased and excited to introduce Mr. Jerod Fischer who will be teaching English, Mr. Erik Leist who will be teaching band, Mr. Barrett Willard who will be teaching Industrial Arts, and Mr. Josh Wahlin who will be teaching Physical Education. I would encourage you to stop in during open house or during the first few weeks to meet these new staff members.

I would also like to ask for help and support from parents on a couple of issues that seem to arise every year. The first is dress code....

McGregor school policy states that Inappropriate dress includes but is not limited to the following: 1) "Short shorts," skimpy tank tops, exposed underwear, tops that expose the midriff, and other clothing that is not keeping with community standards. 2) Clothing bearing a message that is lewd, vulgar, or obscene. 3) Apparel



BOB STASKA

Principal and
Activities Director

promoting products or activities that are illegal for use by minors. 4) Emblems, badges, symbols, signs, words, objects, or pictures on clothing or jewelry communicating a message that is racist, sexist, or otherwise derogatory to a protected minority group, evidences gang membership or affiliation, or approves, advances or provokes any form of harassment or violence.

This is not a new policy, and the vast majority of our students are in compliance. However, there are some students that are not in compliance, and it is an uncomfortable situation for all involved when a student is "talked to" about his/her attire. If students are in violation of this dress code, he/she will be asked to change, turn a shirt inside out, or cover it up.

The second issue that I would like your help and support with is contacting students during the day. Students are NOT to have cell phones on during class. Please do not call or text students during the day expecting an immediate reply. If you must contact your student immediately, please contact Deb in the high school office. McGregor High School does have a liberal cell phone policy where students can use their phones during lunch and during passing time.

We ask that you help by supporting these policies so that students and teachers can concentrate on teaching and learning with fewer distractions, and we can have a very successful school year.

Student Medication Policy

It is sometimes necessary for students to take medication while in school. The school policy regarding prescription and over-the-counter medication is as follows:

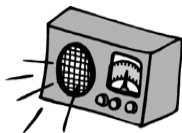
1. The parents and doctor should inform the school nurse by letter/note as to the reason for the medication and how long the student will be taking it.
2. Medication must be in the original bottle and properly labeled as to the type, when it is to be given, and the amount to be given. Medication will not be given if not in the original container.
3. The school nurse will keep a list of the children needing medication and will give it only with written permission of the parent/guardian and prescribing physician. This includes all medication, including cough drops, vitamins, etc.
4. The school will not provide any medicine to students. Parents be assured that medication in the proper dosage will be taken, that medication will not be lost or think a child will accidentally take the wrong medication.



School Closing Procedures

Throughout the school year in Northern Minnesota a major consideration is the closing of school due to weather conditions. The criteria for closing school is the safety of students and employees. The decision to close school is made by the Superintendent.

When school has been canceled, radio stations KKIN/KEZZ, KDAL, WCCO, WEBC, WKKQ, WTBX and KBK, as well as TV stations KBJR, WDIO, KDLH, KARE 11, KMSP, KSTP & FOX 9 will be used to inform the public as soon as the decision is



made. Parents are urged to listen to these stations when a weather emergency is probable. The announcement will be "McGregor ISD #4" and will include elementary, high school, early childhood & the ALP.

When school is to be dismissed early due to weather conditions, the radio stations will also be notified. If possible, the decision to dismiss early will be made by 12 noon.

Prior to making the decision to close school, a number of sources are contacted. In addition to the weather service, the school will check with law enforcement authorities, the highway

department and bus drivers. A difficult situation exists because of the size of our school district. While the northern part may be having a reasonably nice winter day, the southern part, almost 70 miles away, may be in the midst of a blinding snowstorm.

Sometimes parents may not be comfortable sending their child to school when the weather is questionable. The decision to send the student is the parents decision. If the parent feels it would be unsafe, they should keep their child at home even if school is open. The parents are in the best position to know the individual situation.

McGregor School District Facility Use Policy

The Board of Education believes that the public schools are owned and operated by and for its patrons and that the schools become an integral part of the community in terms of its intellectual and social expression and development. To this end the Board encourages the public use of school facilities.

School sponsored activities shall have first priority. The right to authorize use of school facilities shall be retained by the district. Such use will be determined by district policy and will be only at such times as the facilities required are not being used for school activities.

To inquire about school district use of facilities please contact Lisa Kruse at ext. 233.

Substitutes

McGregor School is always in need of substitutes in the areas of teachers, para professionals, custodians, kitchen help, nurse and bus drivers. If you are interested in being a substitute, please apply in the Business Office between the hours of 7:30 a.m. and 4:00 p.m.

Parents seeking funds for a new McGregor Playground!



Recently a group of McGregor parents have begun meeting to design and fund a new school/community playground. It is hoped that the new playground equipment will provide a safe environment for children to engage in physical activity and develop core motor strength.

A play area such as this can also provide opportunities for children to learn important social skills and develop imaginative play skills. This playground would be available to school children, but also would provide a much needed activity for all children during the summer months. A healthy playground setting also provides a critical opportunity to focus on Bullying Prevention.

Watch for activities at Wild Rice Days and look for upcoming articles in local papers! Anyone wishing to make a tax deductible donation to help us achieve this goal can mail a check to the McGregor Playground Initiative at PO Box 177 or stop by the district office. Checks can be made payable to "ISD #4 - Playground Initiative."

NOTICE TO PARENTS REGARDING FOOD SERVICE

Students who still have an unpaid balance on their food service account and don't get it paid in full prior to the first day of school will not be able to eat breakfast or lunch when school starts.

Be prepared to pack a lunch if the account does not get brought up to date. If you have any questions please contact Greta at 218-768-2111, ext 240. Thank you for your cooperation.

Obligations of a Public School District to Provide Special Education Services

Private School or Home School Setting

Under Minnesota law, a "nonpublic school" is defined to include state approved home schools and private schools (see Minn. Stat. 123B.41, subd 9). Parents who chose to educate a child with a disability in a home school or a private school are making a private school placement.

The school district is obligated, upon request, to evaluate a child to determine special education eligibility. If a child is found eligible for special education services, the school district is required to develop an Individual Services Plan (ISP) that describes the specific special education and related services that the school district will provide. The school district is responsible for initiating and conducting meetings to develop, review and revise the services plan. Procedural safeguards will be provided to you that explain the district's obligation to locate, evaluate, identify, and re-evaluate children with disabilities.

The school district maintains the right to determine the location of services and is not obligated to provide special education benefits or services that are equal to services provided to public school children. The public school is required to consult with you to decide what services will be provided, how services will be provided, and how the services will be evaluated. You will be given the opportunity to express your views, however, the school district will make the final decisions with respect to the services provided.

Annual Notification of Asbestos Safety

As a result of federal legislation (Asbestos Hazard Emergency Response Act - AHERA), each primary and secondary school in the nation is required to complete a stringent inspection for asbestos and to develop a plan of management for all asbestos-containing building materials. The McGregor School District has a goal to be in full compliance with this law and is following the spirit, as well as, the letter of the law. As a matter of policy, the district shall continue to maintain a safe and healthful environment for our community's youth and employees.

In keeping with this legislation, all buildings owned by the McGregor School District were inspected by EPA accredited inspectors and samples were analyzed by an independent laboratory. Based on the inspection, the school prepared and the state approved a comprehensive management plan for handling the asbestos located within its buildings safely and responsibly.

Furthermore, the McGregor School District has completed their 3-Year Re-inspection required by AHERA. Our district buildings, where asbestos-containing materials were found, are under repair, removal and Operations and Maintenance.

This past year McGregor School District conducted the following with respect to its asbestos containing building materials:

Implemented our Operations and Maintenance Program

Federal law requires a periodic walk-through (called "surveillance") every six months of each area containing asbestos. In addition, the law requires all buildings to be re-inspected three years after a management plan is in effect.

Short-term workers (outside contractors - i.e., telephone repair workers, electricians and exterminators) must be provided information regarding the location of asbestos in which they may come into contact. All short-term workers shall contact the District Building & Grounds Head before commencing work.

The McGregor School District has a list of the location(s), type(s) of asbestos containing materials found in each school building and a description and time-table for their proper management. A copy of the Asbestos Management Plan is available for review. Copies are available at 25 cents per page. Questions related to the plan should be directed to the District Office at 218-768-2111.

No Shots, No School....

It's the Law in Minnesota



These are the shots the school law requires. Parents may get a legal exemption from the school law for medical reasons or conscientiously held beliefs. Children entering Kindergarten and 7th grade must now have proof of having had chicken pox or the varicella vaccine. These forms are available from the nurse's office. All children should be protected by hepatitis B shots - not just those required to have them by law. For more information, call your doctor, clinic or health plan. Information provided by the MN Department of Health.

	Hep B hepatitis B	DTaP/Td/Tdap diphtheria, tetanus, pertussis (whooping cough)	Polio	MMR measles, mumps, rubella	Hib <i>Haemophilus influenzae</i> type b	Varicella* (chickenpox)
Preschool (age 3-5)		✓✓✓✓	✓✓✓	✓	At least ****	✓
Kindergarten	✓✓✓	✓✓✓✓✓ 5 th shot not needed if 4 th was after age 4	✓✓✓✓ 4 th polio not needed if 3 rd was after age 4	✓✓		✓✓
Age 7 through 6th grade		At least ✓✓✓	At least ✓✓✓	✓		
7th through 12th grade	✓✓✓ 7 th grade only****	At least ✓✓✓ Plus one more shot at age 11-12 years**	At least ✓✓✓	✓✓		✓✓ 7 th grade only

* Varicella shots not required if child already had chickenpox disease. A second shot will be required for kindergarten and 7th grade in fall, 2009.

** If a child received a Td at age 7-10 years they do not necessarily need another one at age 11-12. However, they must receive another shot of Td or Tdap 10 years after their last one.

*** An alternate 2-shot schedule of hepatitis B may also be used for kids from age 11 through 15 years.

**** The Hib requirement is temporarily suspended due to a vaccine shortage.

To go to school in Minnesota, students must show they've had these immunizations or file a legal exemption with the school.

Parents may file a medical exemption signed by a healthcare provider or a conscientious objection signed by a parent/guardian and notarized.

Other immunizations recommended for school kids, but not required by the School Immunization Law:

- Influenza (flu) – each year for children age 6 months through 18 years – especially those with risk factors like asthma and diabetes.
- Meningococcal for age 11-18.
- Human papillomavirus (HPV) for girls age 11-18.

Indoor Air Quality Notice



The McGregor School District is proud to be taking a leadership role in providing a safe, comfortable, and productive environment for our students and staff so that we achieve our core mission - educating students. Our school will follow the EPA guidance to improve our indoor air quality by preventing as many IAQ problems as possible, and by quickly responding to any IAQ problems that may arise. Good air quality requires an ongoing commitment by everyone in our school, because each of us daily makes decisions and performs activities that affects the quality of the air we breathe.

School staff, students and parents can obtain checklists or self-help information so they can properly evaluate their child's home or other out of school situation by contacting the school. Staff and parents can also obtain information about school facility construction, maintenance and housekeeping practice, chemicals used, mold and HVAC related information, chemical producing academic subjects and pesticide and herbicide applications to determine the extent of which the school activities contribute to a child's symptoms by contacting the school.

The ISD #4 Indoor Air Quality contact person is Rick Christensen, Facilities Supervisor. If there are questions regarding the school's IAQ Program, please call the school at 218-768-2111 x 262.

Meet the New Teachers

Josh Wahlin

I have been very proud to call McGregor my home for the past couple years and now am extremely excited to join the staff as the new physical education teacher. It is an honor to be a part of a competent, caring school district and I look forward to giving each student the opportunity to find success.

Even though this will be my first year teaching in McGregor, I am very familiar with the students, teachers, and staff. I am married to Mrs. Jen Wahlin, an elementary teacher and the volleyball coach, and it will be a blessing to work in the same school.

This will be my 3rd year as the boy's basketball coach and I hope to continue building a program that is competitive year in and year out.

Physical Education is a vital part of students' education. With the increases in technology, our students have decreased their activity. Students now choose to play baseball on the XBOX instead of playing it in the backyard, would rather text each other than talk, and some lack the social skills necessary to become a contributing member of society. My physical education program gives students the opportunity to grow socially, physically, and emotionally. I plan on introducing the students to a variety of activities, skills, and boundless amounts of information they can use to help improve their quality of life.

I look forward to working with all the parents and students in ISD #4. GO MERCS!!!

Barrett Willard

Hello, my name is Barrett Willard. My hometown is Bemidji, Minnesota where I grew up on a cattle farm with five brothers. In high school I played football, baseball, and wrestling and still enjoy telling stories about them.

Out of high school I went to Northwest Technical College in Bemidji for carpentry. In 2003, I finished my carpentry degree and married my wife, Melinda. I worked carpentry while Melinda attended University of North Dakota for nursing.

When Melinda finished, I returned to college at Northern Michigan University in Marquette, Michigan for Secondary Education in Industrial Technology and Mathematics. I student taught in both subject areas at Westwood High in Ishpeming, Michigan.

I enjoy hunting for deer with my bow and rifle or spending hours on the lakes fishing. I do not have as much time as I would like hunting and fishing because I am spending most of my time working construction in Grand Rapids, Minnesota.

I have always looked forward to returning to Minnesota to teach. I am currently living in Cloquet to be in the middle of my wife's job at St. Mary's hospital and my job. I am lucky to have this opportunity to teach Industrial Technology at McGregor High School.

Sara Moser

Hello! My name is Sara Moser, and I am the new kindergarten teacher at McGregor School. I received my Bachelor of Arts Degree in Elementary Education from The College of St. Scholastica, and have taught for the past three years. Originally from Pine City, I have family in McGregor and have spent a lot of time here throughout my life. Aside from teaching, I enjoy reading, scrapbooking, fishing, shooting bow, watching sports, and spending time with my family and friends. This past June, I married Jordan Moser. I am so excited to teach in McGregor and be involved in this great community!

Erik Leist

Hello! My name is Erik Leist and I am the new band teacher here at McGregor School. I am very excited to begin the school year. I am originally from North Branch, MN and graduated from the high school there in 2006.

I just graduated from the University of Minnesota Duluth in the spring with a degree in K-12 Instrumental Music Education. While in college I was a member of many different performing ensembles including the Symphonic Wind Ensemble, Jazz Ensembles 1 and 2, Jazz Combos 2 and 3, Symphony Orchestra, and Pep Band. I was also fortunate enough to be elected president of UMD's Collegiate Music Educators National Convention.

Apart from teaching I enjoy playing soccer and softball, cooking, photography, and hiking. I am also probably the biggest Twins fan you have ever met. In July myself and four of my friends got the opportunity to perform our National Anthem at a Twins home game. It was by far one of the most exciting musical experiences I have had.

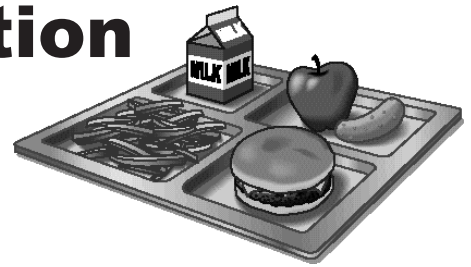
I am really looking forward to getting to know all of the students and parents of McGregor School. It is certain to be a great year filled with a lot of fun and music!

Eric Simmons

My name is Eric Simmons and I started as the Technology Integration Specialist at McGregor in March 2010. I graduated from UMD with a Secondary Education Social Studies degree, and a certificate in Educational Technology. Since moving here from Anoka, Minnesota, everyone has made me feel welcome and a part of the community.

Most recently, I have been working on developing educational resources for students, parents, and staff that will be accessible through the school's new website this fall. With a social studies teaching license, I have had the opportunity to substitute teach in many different classes and work with students in the classroom. I really enjoy the students, staff, and community of McGregor, and look forward to the upcoming school year.

Lunch Program Information



The District is asking parents/guardians to complete the free & reduced lunch program application, whether you access the program or not. The 1997 State Legislature developed a new formula for compensatory aids based on those children eligible for the program. Some families are eligible but do not choose to access the program, so that is why we are asking families to complete the form. All information is confidential, and can only be identified to the State for purposes of calculating aids. Thank you very much for your cooperation in helping us obtain all the revenue we have available to the school.

FREE AND REDUCED APPLICATION FORMS: Please return this form prior to school beginning. This was mailed in July. If you need another, please call for one.

LUNCH PAYMENTS: Payments can be mailed to the attention of Greta Kulju or paid in the commons between 8:00 a.m. and 4:00 p.m. daily. You may include all of your children on one check, just be sure to indicate the amount you are paying for each child, including their account number.

ENTREES AND EXTRA MILK: Students in grades K-12 can purchase extra breakfast entrees at \$1.25; extra lunch entrees at \$1.50 and extra milk at \$.50 per carton.

SALAD BAR: Students in grades 4-12 can choose the Salad Bar in lieu of the regular lunch line.

ALA CARTE ITEMS: Ala carte items will be cash only. These items are chips, bakery items, juice, fruit roll-ups, granola bars, ice cream, fruit, etc.

SCHOOL BOARD POLICY: No

more than 5 meals are to be charged. After this point, we reserve the right to deny your child meals. If this is the case, you will be notified prior to a cut-off date. There must be funds in your child's lunch account to purchase extra entrees for breakfast and lunch and to purchase ala carte items.

BREAKFAST & LUNCH PRICES:
K-12 breakfast is \$1.75 and Adult is \$3.00.
K-6 lunch is \$2.00 and High School is \$2.25. Adult lunch is \$4.25.

If questions call Greta Kulju, at 768-2111, ext. 240.

Driver's Education



Driver's Education classroom instruction will take place during the school day as part of your child's 9th grade curriculum. The class will be taught

twice during the 10/11 school year with the oldest students scheduled to take the class 1st quarter and the remaining students taking the class 3rd quarter. Behind the Wheel will be scheduled after school and during the summer months with Mr. Grones and Mr. Lemire once your child has completed their classroom instruction at McGregor High School and paid the fee.

The fee for Driver's Education will be \$325. This fee must be paid prior to your child receiving his/her blue card. Please make the check out to ISD #4/Community Education. If you need to set up a payment plan or have any questions, contact Lisa Kruse at 218-768-2111 x233.

New laws have been put into place as of August 1, 2008. If you have a teenage driver please note the changes and discuss with your child.

Health Checkups & Sports Physicals: **Helping Kids Do Their Best**



How long has it been since your child had a health checkup? Is he or she planning on participating in sports? Regular checkups are important to help keep children healthy. A child who is healthy will perform better in school. Through regular health checkups, problems can be found and treated early, before they become serious. Hearing and vision tests will make sure that a child is able to see and hear in his or her classroom. School age children need a complete checkup at least every other year.

The Minnesota State High School League requires students to have Sports Physicals every three years to participate in sports. Athletes need to be healthy and well to perform their best.

If it has been two years or more since your child had a checkup, call your clinic soon to schedule an appointment. If your child is on Medical Assistance or Minnesota Care, ask for a Child and Teen Checkup when you make the appointment.

General Pesticide Notice for Parents & Guardians

A Minnesota state law went into effect in the year 2000 that requires schools to inform parents and guardians if they apply certain pesticides on school property.

Specifically, this law requires schools that apply these pesticides to maintain an estimated schedule of pesticide applications and to make the schedule available to parents and guardians for review or copying each school office.

State law also requires that you be told that the long-term health effects on children from the application of such pesticides or the class of chemicals to which they belong may not be fully understood.

If you would like to be notified prior to pesticide applications made on days other than those specified in the estimated schedule, please contact Rick Christensen Building & Grounds Supervisor.

21st CCLC PROGRAM - - - - -

Our District 21st Century Community Learning Center grant has been renewed for an additional two years. This means we will be able to continue to offer academic support and afterschool enrichment opportunities for our students. 21st CCLC is operated with Federal funding administered by the State of Minnesota, Department of Education.

A few items to be aware of as school begins:

School Supplies – The Northland Foundation has made a limited number of basic school supplies available to students entering school this fall. As in the past these items are meant as a supplement if you are unable to provide items your children need. Call 218-768-2111 x239 for info.

Readers Club – Open to students in Kindergarten -12 grades. Participation is free, members receive a free book each month and discounts at two book fairs during the school year. THE ONLY TIME you can sign up for Readers Club is at the SCHOOL OPEN HOUSE on Thursday, September 2, at the 21st CCLC table in the cafeteria.

Kids Club – Open to students in grades 1-4. No registration fee, limit 20 children per session, monthly registration by take home flyer, will begin September 21.

Homework Help and Open Computer Labs – for students in grades 4-12 will be available beginning the 2nd week of school. Watch for poster and bulletin information when school begins.

Theater Program – Our new theater program offered through 21st CCLC will offer 3 opportunities for performing in the 2010-2011 school year.

Small Group Mentoring – All 7th graders are assigned a 7th grade teacher who will act as mentor for a small group during the school year. Mentors are provided to assist our new 7th graders in transitioning from 6th to 7th grade with minimal difficulty. Mentor group recreational activities as well as academic and social support are part of what 7th graders can expect as participants. Students in grades 8-10 are also offered Mentor Group opportunities that will be advertised through the bulletin as soon as school begins.

Fall Community Musical – This community theater production of “The Music Man” is open to performers age 10 through adult and is a collaborative effort between ISD 4 and Kids Plus Ageless Friendships. Many roles available and behind the scenes volunteers are needed as well. Auditions will be held September 13 -17 with performance to be scheduled for early November. Contact Cheryl 218-768-2111 x239 for audition materials.

Mid Winter Variety Show – Open to all students and school staff. More news to follow in next Mercury.

High School Play – A production open to students grades 7-12. More news to follow in future Mercury.








Fresh Fruit and Veggies – Our Elementary Fresh Fruit and Veggie Snack grant has been renewed by the Minnesota Department of Education. Funding from this grant provides all elementary students with the option of a fresh fruit or veggie snack each afternoon at no charge. Students may bring their own snacks from home if they do not wish to receive the fruit/veggie snacks.

KIDS PLUS UPDATES - - - - -

Back to School Bash – This annual family event will be held on Thursday, September 9th in the North Parking Lot at the school from 4:30 -6:00 p.m. A free picnic meal will be served in addition to music, games, prize drawings and other family fun activities. No charge.

Emergency Food Assistance – Families and individuals in need of emergency food assistance when the McGregor Area Food Shelf is not open may contact Kids Plus up to 1 time per month beginning in September. A limited amount of assistance (food items, not cash) will be available and is not intended as a regular source of groceries for families. Learn more. 218-768-2111 x239.


September 2010

-  School Board/Admin
-  Early Childhood
-  Community Education
-  Arts & Music
-  lisa.larae10@gmail.com
-  Outside Agency
-  Sports







August 2010						
M	T	W	T	F	S	S
					1	
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
	30	31				

September 2010						
M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

October 2010						
M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
30	31	1	2	3	4	5
	<ul style="list-style-type: none">  Teacher In-Service  VB - Cromwell  JH VB - Cromwell  5:00 PM Weight Watchers (Home Ec Rm) 	<ul style="list-style-type: none">  Teacher Workday  9:00 AM WalkFit Program 	<ul style="list-style-type: none">  11:30 AM Teacher Workday  3:30 PM JH FB - Cromwell  5:00 PM Open House 	<ul style="list-style-type: none">  FB-Hill City 		<ul style="list-style-type: none">  FB GAMES 7PM START  VB GAMES 5:45PM START  CC MEETS 4PM START
6	7	8	9	10	11	12
	<ul style="list-style-type: none">  FIRST DAY OF SCHOOL  5:00 PM Weight Watchers (Home Ec Rm) 	<ul style="list-style-type: none">  9:00 AM WalkFit Program  12:00 PM Senior Craft Classes (MORE Bldg) 	<ul style="list-style-type: none">  VB - MLWR  CC @ Pequot Lakes  3:30 PM Mighty Merc Cheerleading  5:15 PM JH FB @ Floodwood 	<ul style="list-style-type: none">  FB @ Onamia 		
13	14	15	16	17	18	19
<ul style="list-style-type: none">  4:30 PM JH FB @ Northland-Remer  6:00 PM JV FB @ Northland-Remer 	<ul style="list-style-type: none">  4:00 PM GED Class  5:00 PM Weight Watchers (Home Ec Rm)  5:30 PM ECFE Cym Night 	<ul style="list-style-type: none">  9:00 AM WalkFit Program  10:00 AM Fitness Center Open House  4:00 PM GED Class  6:30 PM Memoir Writing Class 	<ul style="list-style-type: none">  CC @ Eveleth  JH VB - Carlton  VB - Carlton  3:30 PM Mighty Merc Cheerleading  5:45 PM JH FB - Hill City 	<ul style="list-style-type: none">  FB-Kelliner-Northhome 	<ul style="list-style-type: none">  9:00 AM VB @ Barnum 	
20	21	22	23	24	25	26
<ul style="list-style-type: none">  VB - Northland-Remer  JH VB - Northland-Remer  3:30 PM Cell Phone 101  5:00 PM Cell Phone 101 	<ul style="list-style-type: none">  CC @ Grand Rapids  JH VB @ Wrenshall  VB @ Wrenshall  4:00 PM GED Class  5:00 PM Weight Watchers (Home Ec Rm)  5:45 PM JV FB - Onamia 	<ul style="list-style-type: none">  NHS Induction Ceremony  12:00 PM Senior Craft Classes (MORE Bldg)  4:00 PM GED Class 	<ul style="list-style-type: none">  3:30 PM Mighty Merc Cheerleading  5:15 PM JH FB @ Cromwell 	<ul style="list-style-type: none">  FB-Isle (Homecoming)  3:30 PM Senior Tea 	<ul style="list-style-type: none">  9:30 AM VB @ Hill City 	
27	28	29	30	1	2	3
<ul style="list-style-type: none">  10:00 AM Basic Internet  3:30 PM Hip Hop & Dance  5:15 PM Ballet 	<ul style="list-style-type: none">  VB @ Barnum  CC @ Deer River  10:00 AM SilverSneakers MSROM  11:00 AM SilverSneakers Yoga Stretch  4:00 PM GED Class  4:30 PM JH VB - Atkin  5:00 PM Weight Watchers (Home Ec Rm)  5:30 PM Stability Ball Class  5:45 PM JV FB - Hill City 	<ul style="list-style-type: none">  3:30 PM Dance 1-3 gr  4:00 PM GED Class  5:30 PM Explore, Play & Learn  5:30 PM Dance 3yr-K 	<ul style="list-style-type: none">  CC - McGregor  10:00 AM SilverSneakers MSROM  11:00 AM SilverSneakers Yoga Stretch  3:30 PM Mighty Merc Cheerleading  4:00 PM JH VB - Silver Bay  5:30 PM Stability Ball Class  5:45 PM JH FB - Albrook  6:15 PM VB - Silver Bay 	<ul style="list-style-type: none">  FB @ Cromwell  8:00 AM Early Childhood Screening  7:00 PM CSI-Live (Ref Center) 	<ul style="list-style-type: none">  CC MEETS 4PM START  FB GAMES 7PM START  VB GAMES 5:45PM START 	

October 2010

-  School Board/Admin
-  Early Childhood
-  Community Education
-  Arts & Music
-  Outside Agency
-  Sports

lisa.larae10@gmail.com

September 2010


















































































































































M	T	W	T	F	S	S
	1	2	3	4	5	
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

October 2010







M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

November 2010

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>27</p> <ul style="list-style-type: none">  10:00 AM Basic Internet  3:30 PM Hip Hop & Dance  5:15 PM Ballet 	<p>28</p> <ul style="list-style-type: none">  CC @ Deer River  VB @ Barnum  10:00 AM SilverSneakers MSROM  11:00 AM SilverSneakers Yoga Stretch  4:00 PM CED Class  4:30 PM JH VB - Aitkin  5:00 PM Weight Watchers (Home Ec Rm)  5:30 PM Stability Ball Class  5:45 PM JV FB - Hill City 	<p>29</p> <ul style="list-style-type: none">  3:30 PM Dance 1-3 gr  4:00 PM CED Class  5:30 PM Explore, Play & Learn  5:30 PM Dance 3yr-K 	<p>30</p> <ul style="list-style-type: none">  CC - McGregor  10:00 AM SilverSneakers MSROM  11:00 AM SilverSneakers Yoga Stretch  3:30 PM Mighty Merc Cheerleading  4:00 PM JH VB - Silver Bay  5:30 PM Stability Ball Class  5:45 PM JH FB - Albrook  6:15 PM VB - Silver Bay 	<p>1</p> <ul style="list-style-type: none">  FB @ Cromwell  8:00 AM Early Childhood Screening  7:00 PM CSI-Live (Reif Center) 	<p>2</p> <ul style="list-style-type: none">  CC MEETS 4PM START  VB GAMES 5:45PM START  FB GAMES 7PM START 	<p>3</p>
<p>4</p> <ul style="list-style-type: none">  10:15 AM Water Aerobics  3:30 PM Acting Class  3:30 PM Hip Hop & Dance  5:15 PM Ballet  6:00 PM JH VB @ Hill City  6:00 PM VB @ Hill City 	<p>5</p> <ul style="list-style-type: none">  JH VB @ Cromwell  VB @ Cromwell  8:30 AM Preschool  9:30 AM SilverSneakers Cardio Circuit  10:00 AM SilverSneakers MSROM  11:00 AM SilverSneakers Yoga Stretch  12:15 PM Preschool  4:00 PM CED Class  5:00 PM Weight Watchers (Home Ec Rm)  5:15 PM JV FB @ Cromwell 	<p>6</p> <ul style="list-style-type: none">  10:15 AM Water Aerobics  3:30 PM Dance 1-3 gr  4:00 PM CED Class  5:30 PM Dance 3yr-K 	<p>7</p> <ul style="list-style-type: none">  8:30 AM Preschool  9:30 AM SilverSneakers Cardio Circuit  10:00 AM SilverSneakers MSROM  12:15 PM Preschool  3:30 PM Mighty Merc Cheerleading  4:45 PM CC @ Crosby-Fronton  4:45 PM VB @ Cook County  5:30 PM Stability Ball Class  5:45 PM JH FB - Wrenshall 	<p>8</p> <ul style="list-style-type: none">  FB - Floodwood  8:30 AM Preschool  10:15 AM Water Aerobics 	<p>9</p> <ul style="list-style-type: none">  9:00 AM VB @ Braham 	<p>10</p>
<p>11</p> <ul style="list-style-type: none">  10:15 AM Water Aerobics  3:30 PM Hip Hop & Dance  3:30 PM Acting Class  5:15 PM Ballet  5:45 PM JV FB @ Floodwood 	<p>12</p> <ul style="list-style-type: none">  VB - Two Harbors  8:30 AM Preschool  9:30 AM Mega Meeting (MORE Big)  9:30 AM SilverSneakers Cardio Circuit  10:00 AM SilverSneakers MSROM  11:00 AM SilverSneakers Yoga Stretch  12:15 PM Preschool  4:00 PM CED Class  4:30 PM JH VB @ Aitkin  5:00 PM Weight Watchers (Home Ec Rm) 	<p>13</p> <ul style="list-style-type: none">  10:15 AM Water Aerobics  12:00 PM Explore, Play & Learn  1:00 PM CC Polar League @ Grand Marais  2:00 PM Dance 1-3 gr  4:00 PM CED Class  5:30 PM Dance 3yr-K 	<p>14</p> <ul style="list-style-type: none">  VB - Esko  8:30 AM Preschool  9:30 AM SilverSneakers Cardio Circuit  10:00 AM SilverSneakers MSROM  12:15 PM Preschool  3:30 PM Mighty Merc Cheerleading  5:30 PM Stability Ball Class 	<p>15</p> <ul style="list-style-type: none">  FB - Littlefork-Big Falls  8:30 AM Preschool  10:15 AM Water Aerobics 	<p>16</p>	<p>17</p>
<p>18</p> <ul style="list-style-type: none">  VB @ Isle  10:15 AM Water Aerobics  3:30 PM Hip Hop & Dance  3:30 PM Acting Class  4:30 PM JH FB @ Isle  5:15 PM Ballet 	<p>19</p> <ul style="list-style-type: none">  JH VB @ Floodwood  VB @ Floodwood  CC @ Proctor  8:30 AM Preschool  9:30 AM SilverSneakers Cardio Circuit  10:00 AM SilverSneakers MSROM  12:15 PM Preschool  5:00 PM Weight Watchers (Home Ec Rm) 	<p>20</p> <ul style="list-style-type: none">  FB @ Northland-Remer  10:15 AM Water Aerobics  3:30 PM Dance 1-3 gr  5:00 PM Intro to Hospice Care  5:30 PM Dance 3yr-K  6:30 PM Memoir Writing Class 	<p>21</p> <ul style="list-style-type: none">  NO SCHOOL  9:00 AM AARP Class  9:30 AM SilverSneakers Cardio Circuit  10:00 AM SilverSneakers MSROM  5:30 PM Stability Ball Class 	<p>22</p> <ul style="list-style-type: none">  NO SCHOOL  10:15 AM Water Aerobics 	<p>23</p>	<p>24</p>
<p>25</p> <ul style="list-style-type: none">  VB Sections (TBA)  10:15 AM Water Aerobics  3:30 PM Hip Hop & Dance  3:30 PM Acting Class  5:15 PM Ballet 	<p>26</p> <ul style="list-style-type: none">  8:30 AM Preschool  9:30 AM SilverSneakers Cardio Circuit  10:00 AM SilverSneakers MSROM  11:00 AM SilverSneakers Yoga Stretch  12:15 PM Preschool  5:00 PM Weight Watchers (Home Ec Rm)  5:30 PM Stability Ball Class  5:30 PM Genealogy Class 	<p>27</p> <ul style="list-style-type: none">  10:15 AM Water Aerobics  3:30 PM Dance 1-3 gr  5:30 PM Dance 3yr-K 	<p>28</p> <ul style="list-style-type: none">  VB Sections TBA  8:30 AM Preschool  9:30 AM SilverSneakers Cardio Circuit  10:00 AM SilverSneakers MSROM  5:30 PM Stability Ball Class 	<p>29</p> <ul style="list-style-type: none">  8:30 AM Preschool  10:15 AM Water Aerobics  11:00 AM CC Sections 7A @ Cloquet 	<p>30</p>	<p>31</p>

November 2010





























































































































-  School Board/Admin
-  Early Childhood
-  Community Education
-  Arts & Music
-  Outside Agency
-  Sports

lisa.larae10@gmail.com

October 2010						
M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

November 2010						
M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

December 2010						
M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>1</p> <ul style="list-style-type: none">  10:15 AM Water Aerobics  3:30 PM Hip Hop & Dance  5:15 PM Ballet 	<p>2</p> <ul style="list-style-type: none">  GRAD 10-12 Writing Retest  8:30 AM Preschool  9:30 AM SilverSneakers Cardio Circuit  10:00 AM SilverSneakers MSROM  11:00 AM SilverSneakers Yoga Stretch  12:15 PM Preschool  4:00 PM GED Class  5:00 PM Weight Watchers (Home Ec Rm)  5:30 PM Stability Ball Class 	<p>3</p> <ul style="list-style-type: none">  10:15 AM Water Aerobics  3:30 PM Dance 1-3 gr  4:00 PM GED Class  5:30 PM Dance 3yr-K 	<p>4</p> <ul style="list-style-type: none">  8:30 AM Preschool  9:30 AM SilverSneakers Cardio Circuit  10:00 AM SilverSneakers MSROM  12:15 PM Preschool  5:30 PM Stability Ball Class 	<p>5</p> <ul style="list-style-type: none">  EARLY RELEASE FOR STUDENTS  End of 1st Quarter  8:30 AM Preschool  10:15 AM Water Aerobics 	<p>6</p> <ul style="list-style-type: none">  Craft Fair  BB GAMES 5:45PM START 	<p>7</p>
<p>8</p> <ul style="list-style-type: none">  10:15 AM Water Aerobics  3:30 PM Hip Hop & Dance  5:15 PM Ballet 	<p>9</p> <ul style="list-style-type: none">  Make-up GRAD 10-12 Writing Retest  8:30 AM Preschool  9:30 AM SilverSneakers Cardio Circuit  10:00 AM SilverSneakers MSROM  11:00 AM SilverSneakers Yoga Stretch  12:15 PM Preschool  4:00 PM GED Class  5:00 PM Weight Watchers (Home Ec Rm)  5:30 PM Stability Ball Class 	<p>10</p> <ul style="list-style-type: none">  10:15 AM Water Aerobics  3:30 PM Dance 1-3 gr  4:00 PM GED Class  5:30 PM Explore, Play & Learn 	<p>11</p> <ul style="list-style-type: none">  8:30 AM Preschool  9:30 AM SilverSneakers Cardio Circuit  10:00 AM SilverSneakers MSROM  12:15 PM Preschool  5:30 PM Stability Ball Class 	<p>12</p> <ul style="list-style-type: none">  EARLY RELEASE FOR STUDENTS  CONFERENCES 1-3:30PM  8:30 AM Preschool  10:15 AM Water Aerobics 	<p>13</p>	<p>14</p>
<p>15</p> <ul style="list-style-type: none">  NO SCHOOL  10:15 AM Water Aerobics  11:30 AM CONFERENCES  12:00 PM Critter Adaptations 	<p>16</p> <ul style="list-style-type: none">  8:30 AM Preschool  9:30 AM SilverSneakers Cardio Circuit  10:00 AM SilverSneakers MSROM  11:00 AM SilverSneakers Yoga Stretch  12:15 PM Preschool  4:00 PM GED Class  5:00 PM Weight Watchers (Home Ec Rm)  5:30 PM Stability Ball Class 	<p>17</p> <ul style="list-style-type: none">  10:15 AM Water Aerobics  3:30 PM Dance 1-3 gr  4:00 PM GED Class  5:30 PM Dance 3yr-K  6:30 PM Memoir Writing Class 	<p>18</p> <ul style="list-style-type: none">  8:30 AM Preschool  9:30 AM SilverSneakers Cardio Circuit  10:00 AM SilverSneakers MSROM  12:15 PM Preschool  5:30 PM Stability Ball Class  7:00 PM JH Band/Choir Concert 	<p>19</p> <ul style="list-style-type: none">  8:30 AM Preschool  10:15 AM Water Aerobics 	<p>20</p> <ul style="list-style-type: none">  4:00 PM Dollars for Scholars 	<p>21</p>
<p>22</p> <ul style="list-style-type: none">  10:15 AM Water Aerobics  3:30 PM Hip Hop & Dance  5:15 PM Ballet 	<p>23</p> <ul style="list-style-type: none">  8:30 AM Preschool  9:30 AM SilverSneakers Cardio Circuit  10:00 AM SilverSneakers MSROM  11:00 AM SilverSneakers Yoga Stretch  12:15 PM Preschool  4:00 PM GED Class  5:00 PM Weight Watchers (Home Ec Rm)  5:30 PM Stability Ball Class 	<p>24</p> <ul style="list-style-type: none">  10:15 AM Water Aerobics  3:30 PM Dance 1-3 gr  4:00 PM GED Class  5:30 PM Dance 3yr-K 	<p>25</p> <ul style="list-style-type: none">  NO SCHOOL  10:00 AM SilverSneakers MSROM  5:30 PM Stability Ball Class 	<p>26</p> <ul style="list-style-type: none">  NO SCHOOL  10:15 AM Water Aerobics 	<p>27</p>	<p>28</p>
<p>29</p> <ul style="list-style-type: none">  10:15 AM Water Aerobics  3:30 PM Hip Hop & Dance  5:15 PM Ballet 	<p>30</p> <ul style="list-style-type: none">  8:30 AM Preschool  9:30 AM SilverSneakers Cardio Circuit  10:00 AM SilverSneakers MSROM  11:00 AM SilverSneakers Yoga Stretch  12:15 PM Preschool  4:00 PM GED Class  5:00 PM Weight Watchers (Home Ec Rm)  5:30 PM Stability Ball Class 	<p>1</p> <ul style="list-style-type: none">  10:15 AM Water Aerobics  3:30 PM Dance 1-3 gr  4:00 PM GED Class  5:30 PM Dance 3yr-K 	<p>2</p> <ul style="list-style-type: none">  GB - Greenway  JH GB - Greenway  8:30 AM Preschool  9:30 AM SilverSneakers Cardio Circuit  10:00 AM SilverSneakers MSROM  12:15 PM Preschool  5:30 PM Stability Ball Class 	<p>3</p> <ul style="list-style-type: none">  8:30 AM Preschool  10:15 AM Water Aerobics  6:00 PM BB @ Perille-Beltrami 	<p>4</p> <ul style="list-style-type: none">  BB GAMES 5:45PM START 	<p>5</p>

TELEPHONE SYSTEM

DISTRICT OFFICE

Supt/Prin - Paul Grams	226
Bus. Manager - Sandy Marsyla	223
Sup. Sec/Payroll-Susie Salo	221
Assistant Principal Robert Staska	235
AD Office	247
Facilities Supervisor Christensen, Rick	262
Maintenance Boiler Room	262 293
Bus Garage Bob Merritt	248
Food Service - Gary Foix	230
Community Education Lisa Kruse	233
Culture/Language Elem Classroom	272
21st Cent. Learning Project Director Cheryl Meld Room 109	239 259
Nurse - Heather Nistler	232
Bookkeeper/Food Service Greta Kulju	240
Technology Supervisor John Brula	287
OT/PT Colleen Fasnacht	257

HIGH SCHOOL

Secretary - Deb Swedberg	236
Counselor - Marsha Doten	237
Activities Director-R. Staska	247
HS Media Center /Comp. Lab	238
Conference Room	298
Business Computer Lab	224
Fitness Center	305
Yearbook	296
Lounge by Commons	244
Staff	
Baumgardt, Lon	260
Berg, Rachel	308
Carlson, Kent	252
Cummings, Steve	258
Doten, Marsha (office)	237
Home Ec	254
Fischer, Jerod	284
Frauenschuh, Steve	253
Hadrich, Brenda (office)	288
Health Room	279
Henry, Sandra	285
Hugill, Linda	282
Jacobs, Jon	280
Leist, Erik	251
Lemire, Mark	286
Ryan, Lisa	289
Simmons, Eric	256
Sorensen, Mike	249
Thompson, Jennifer	301
Wahlin, Joshua	234
Willard, Barrett	228
Alternative Learning Program	768-3505
Charter School	768-3477
Kids Plus	768-2040

ELEMENTARY

Secretary - Paulette Passer	225
Conference Room	302
Elem. Library	294
Computer Lab	295
Computer Lab II	306
Staff	
Kindergarten	
Kathy Serfling	261
Sara Moser	243
Grade 1	
Barb Marquardsen	273
Elaine Johnson	274
Grade 2	
Kris Madsen	275
Jordan Pierce	276
Grade 3	
Jennie Maine	277
Jennifer Wahlin	278
Grade 4	Peggy Baumgardt 265
Grade 5	Sue Staum 267
Grade 6	Robin Hawkinson 269
Title I	Patty Fisher 263 Carrie White
Elementary Special Education	Teri DeMenge 264
ECSE - Cathy Quale/Office	297
Early Childhood	Melanie Guida 227 300
Music - Julie Jacobsma	229

Riding the Activity Bus



Parents of students riding the late bus are reminded of the following:

* The activity bus is for students in grades 3 through 12 who are involved in school activities only.

* Students that stay after for tutoring must bring work to last from 3:30 - 5:30pm (Bring a book to read after completing homework).

* The two activity buses load at 5:35pm and leave the school at 5:40pm.

* The activity bus does not provide door-to-door service. The routes go north or south of the school district and stop at various business locations. (If a student lives along this route, the bus will stop at the driveway.)

* Parents of young children should pick up their child at school rather than using the activity bus. (There is concern about dropping off a young child, with a long driveway, especially in the dark.)

10-11 Sports Fees

Sports Season Passes

Season Family Sports Pass	\$90
Season Single Adult Sports Pass	\$50
Season Student (K-12) and Seniors Sports Pass ..	\$30
Single Game Ticket - Adult	\$5
Single Game Ticket - Student (K-12).....	\$2
Single Game Ticket - Senior Citizen.....	\$3

Athletic Participation Fees

Per Sport (High School).....	\$55
Per Sport (Junior High).....	\$30
Maximum Fee For Families	\$175

Policy Coordinators and Contact Persons

Title IX - Paul Grams, K-12 Principal: Title IX forbids discrimination on the basis of gender in any service rendered by any educational institution or public service.

Sexual Violence or Harassment - Marsha Doten, School Counselor. The School district's Sexual Violence and Harassment Policy prohibits any form of sexual harassment. It shall be a violation of this policy for any student or employee of Independent School District #4 to harass a student or an employee through conduct or communication of a sexual nature as defined by this policy.



McGregor Community Education

LISA KRUSE, Director

Phone: 218-768-2111 x233 • Fax: 218-768-3901

E-Mail: llkruse@mcgregor.k12.mn.us

Office Hours: Monday, Tuesday, Thursday, Friday

MCGREGOR COMMUNITY EDUCATION DANCE PROGRAM

The Community Education dance program is taught by Kathy McNulty. She has 21 years of experience and brings lots of energy, creative ideas and excitement to the program. Classes are held each week in the High School Auditorium and the year concludes with a recital in May.

\$25/month paid the first day of class each month

\$158/yr (10% discount) if paid up front

Costume Fee: Due prior to the recital

Classes start the first week in October

HIP HOP TAP & DANCE

Monday @ 3:30 - 5pm for 4th - 6th graders

Hip hop and tap dances will be taught along with some gymnastic skills.

BALLET/POINTE

Monday @ 5:15 - 6:15pm for 11+ years old

Students will receive instruction on ballet and toe shoes with part of the class devoted to each area.

DANCE CLASS

Wednesday @ 3:30 - 5:00pm for 1st - 3rd graders

Wednesday @ 5:30 - 6:30pm for 3 years old - Kindergarten

Ballet, tap, funk tumbling and beginning gymnastics will be taught.

This class is an introduction to the many aspects of dance.

YOUTH RECREATION AND ENRICHMENT

Mighty Merc Football Cheerleading: Hey all youth cheerleaders...football is just around the corner and Community Education is again offering you the chance to cheer at halftime of the varsity football games. This is a great opportunity to be active with your friends while learning how to perform and cheer.

Practice starts Thursday, September 9 from 3:30-4:30pm

Ages 4, 5 & 6 graders ▪ \$45/includes football sweatshirt

Kathy McNulty, Instructor ▪ Cafeteria Gymnasium



Mini Merc Basketball Cheerleading

McGregor Community Education Mini Merc Cheerleaders will perform at halftime of the boys and girls basketball games. These mini cheerleaders are very entertaining performers as they learn the basics of

cheerleading and performing in front of crowds. Get your child registered early. Practice starts early November. Schedules will be available in October in the CE office.

Ages 4 years to 3rd grade ▪ \$45/includes shoes

Kathy McNulty, Instructor ▪ Cafeteria Gymnasium

Everyone Has A Story To Tell...Memoir Writing Class: Memoir writing is for all age groups. This class would include group discussions on lay-out of story line and procedures, fundamental writing instruction, reading of works and critiquing. This is not a "how to write" class, but a class on how to organize your memoir and get it down on paper for yourself, family and or public. It is not a genealogy class.

3rd Wednesday of every month starting September 15

6:30 - 8:00pm

Penny Olson, Instructor ▪ McGregor Public Library

Acting Class: Expression, communication, creative thinkers, performers... this class will give your child the opportunity to be all the above as they tap into their creative side. Students will learn self expression as they build their confidence which is all an important part of individuality. Student's will spend the first half hour with a nutritious snack and some form of play.

Monday, October 4, 11, 18, 25, 2010 from 3:30 - 5:30pm

Ages: 1 - 6 graders ▪ \$10/child

Penny Olson, Instructor ▪ Elementary Library

Critter Adaptations: Come discover how animals, from birds to mammals, adapt to survive changing seasons.

Students will also learn outdoor survival skills that they can use to adapt to changing weather.

Monday, November 15, 2010 from Noon - 4:00pm

Ages 8 and up ▪ \$10/child; includes snack

Rice Lake National Wildlife Refuge (bus leaves school at 11:45am)

NOTE: Dress for the weather! We will be outside!

ADULT ENRICHMENT

Everyone Has A Story To Tell...Memoir Writing Class: Memoir writing is for all age groups. This class would include group discussions on lay-out of story line and procedures, fundamental writing instruction, reading of works and critiquing. This is not a "how to write" class, but a class on how to organize your memoir and get it down on paper for yourself, family and or public. It is not a genealogy class.

3rd Wednesday of every month starting September 15

6:30 - 8:00pm

Penny Olson, Instructor ▪ McGregor Public Library

THE MERCURY

A publication in cooperation with McGregor ISD#4 and McGregor Printing & Graphics, Inc.

BOARD OF EDUCATION

Larry Doten - Chair

Mike Kruse - Clerk/Treasurer

Angela DeWitt - Director

Roy Hietalati - Director

Nate Jackson - Director

Eric Kulju - Director

Julie Orbeck - Director

Dated Material

Please Deliver Promptly



Post Office or Rural Route Box Holder

How To Be Happy: Watch a infant for a few moments . . . the mind at ease in its natural state. As toddlers we lose that sense of wonder and begin to find fault with our environment. When the ego develops, fault finding turns to unhappiness. The harder we try to fix things, the worse the unhappiness becomes. When we accept the present moment and quit finding fault, we find peace and serenity. Authentic happiness is a way of being and a skill to be cultivated. This class provides tools to let go of discontent. You will learn how to find new energy and concentration. Read lessons, participate in exercises, hold discussions with fellow students, plus receive personal coaching from the instructor.

Online Session begins Tuesday, September 21 to November 4, 2010 or Tuesday, November 23, 2010 to January 6, 2011
\$65 course fee

The Secret To Dealing With Overload: Is your brain consumed with your to do list before your feet hit the floor in the morning? Has your frenzied pace forced you to accept multitasking out of necessity? Feeling guilty about the piles you're not getting to? The frantic pace of our modern culture leaves us feeling exhausted, stressed and often overwhelmed. It doesn't have to be this way. You can live a life that is both effective and gratifying by learning how to clear away your mental clutter. This class provides powerful tools to help you find inner balance and emotional freedom, while moving ahead with certainty about what needs to be done next. Read lessons, participate in exercises, hold discussions with fellow students, plus receive personal coaching from the instructor.

Online Session begins Tuesday, September 21 to November 4, 2010 or Tuesday, November 23, 2010 to January 6, 2011
\$65 course fee

AARP MINNESOTA DRIVERS SAFETY PROGRAM

Taking this class is an easy and sure way to reduce your motor vehicle insurance premiums. State law requires all auto insurance providers reduce premiums by 10% for policyholders who are 55 or older, when a certificate of class completion is provided to them. If you have never taken the class before, you need to take the initial 8-hour class first, and then every three years the four-hour refresher class is taken. No tests are given. All participants will be issued a certificate at the end of the class. These are valid for a 10% reduction for each of the next 3 years. You must have a valid driver's license with you at the beginning of the class so that a certificate can be issued.

Cost is \$12.00 for AARP members and \$14.00 for non-members, for either the initial class or refresher. Persons registering for a class will need to provide their AARP membership number when registering, AND bring their card to class. Non-AARP members may call 1-888-687-2277 to become a member and non-members will NOT be allowed to join AARP the day of the class. The Aitkin County Senior Office, Clear Lake Grange #692 and AARP will sponsor these classes and PRE-REGISTRATION IS A MUST!

To register, send a check made payable to AARP

Send registration to: R. Wigton, 33514 Dove St., Aitkin, MN 56431

There will be NO PHONE REGISTRATIONS, but payment must be made one week before the class begins. THE CLASSES CLOSE ONE WEEK PRIOR TO THE DATE OF THE CLASS AND AT THAT TIME YOU WILL RECEIVE A REMINDER PHONE CALL. IF THE CLASS IS FULL, YOU WILL ALSO RECEIVE A PHONE CALL TO RESCHEDULE. Don't assume you are in a class just because you sent in a check. Remember that classes are limited to 25-30 people, so get your registrations in early. Please include the date of your class on your

check as well as your phone number. Your check will NOT be cashed until after the class is done. Call the Senior Office at (218) 927-3811 in case of cancellations only.

FIRST TIME COURSE - August 21 from 9am - 5pm

McGregor Public Library ▪ Penny Olson, Instructor

REFRESHER COURSE - October 21, 2010 from 12:30 - 4:30pm

Grace Lutheran Log Church ▪ Carole Holten, Instructor

ADULT BASIC EDUCATION GED PROGRAM

Educate your mind...Your future will follow! AEOA Adult Basic Education offers FREE one-on-one help with: * Basic reading, writing & math * GED prep - in class or online * College prep * Basic computer skills * Career assessment * English as a Second Language.

Must be 16 years old and not enrolled in school

Classes start at 4:00pm

Larry Doten, Instructor ▪ MORE Building (across from high school)

Session 1: Sept. 14, 15, 21, 22, 28, 29 & Oct. 5, 6, 12, 13

Session 2: Nov. 2, 3, 9, 16, 17, 23, 30 & Dec. 1, 7, 8

Session 3: Feb. 1, 2, 8, 9, 15, 16, 22, 23 & March 1, 2

GED ONLINE PROGRAM: AEOA ABE is excited to offer our new distance learning initiative, GED-i. Study GED online, anywhere, anytime. The FREE program is available to ABE eligible learners - 16 years or older and not enrolled in public school - who meet the criteria for online learning. A trained, licensed online teacher will guide students through the curriculum, score their assignments and give feedback to help them strengthen the skills they need to pass the GED test.

Interested students must register at a local ABE classroom and take a test to determine their eligibility. Student must be able to read at a 9th grade level, since this is a prep class, not a basic skills program.

WEB BASED COURSES: WEB BASED COURSES...taught on the internet through Central Lakes College. Makes it easy and convenient for those wishing to go back to college. It is easy to get started. Contact an admission counselor at CLC at 1-800-933-0346. For more information visit the college web site at www.clcmn.edu for the latest on applications, schedules, registration and possible financial aid.

CONNECTING WITH THE COMMUNITY: What does the McGregor Area Public Library have to offer? The standard; good fiction and non-fiction books, plus magazine, CDs, DVDs, VHS tapes, books on audiotape and CD, five public access computers, WiFi, a community meeting room, and most importantly, a safe place to hang out.

We also have databases that East Central Regional Library pays for and you have access to: Ancestry, Chilton Automotive Repair, Learning Express Library - Learn A Test, NoveList, ELM (Electronic Library for Minnesota); ProQuest, WorldCat from OCLC, EBSCO MegaFILE and MnKnows.

Check out our website: www.eclrlib.org

Open Hours: Tuesday 2:00-7:00pm; Wednesday 10:00am-5:30pm; Thursday 2:00-7:00pm; Friday 10:00am-4:30pm; Saturday 9:00am-1:00pm.

ARE YOU NEW TO THE DISTRICT???

WE NEED YOUR INFORMATION

Please contact us with your information.

Parent/guardian name, child name, address and birthdate.

llkruse@mcgregor.k12.mn.us



Early Childhood Corner

MELANIE GUIDA, Early Childhood Educator
218-768-2111 ext. 227 Classroom or ext. 300 Office
E-Mail: mguida@mcgregor.k12.mn.us



2010-2011 PRESCHOOL SCHEDULE

McGregor Preschool program is a wonderful opportunity for your child. McGregor ISD #4 strives to provide the best possible start for all children ensuring every young child is fully prepared for learning success.

We strongly support your role as a parent believing that the home is the child's first learning environment and that parents are the child's most important teacher.

We provide programs for you as the parent to invest early in the life of your child. If you are interested in registering your child for preschool contact Lisa Kruse at 218-768-2111 x233 or Melanie Guida at 218-768-2111 x300.

TUESDAY/THURSDAY AM CLASS ▪ 8:30 - 11:30am

TUESDAY/THURSDAY PM CLASS ▪ 12:15 - 3:15pm

Class Dates: October 5, 7, 12, 14, 19, 26, 28

November 2, 4, 9, 11, 16, 18, 23, 30

December 2, 7, 9, 14, 16, 21

January 4, 6, 11, 13, 18, 20, 25, 27

February 1, 3, 8, 10, 15, 17, 22, 24

March 1, 3, 8, 10, 15, 17, 22, 24, 29, 31

April 5, 7, 8, 12, 14, 19, 21, 26, 28

May 3, 5, 10, 12

Monthly: \$40 due 1st day of class each month starting Oct 5
Sliding fee: \$30/monthly

Quarterly: \$105/due Oct 5 (Oct 5 - Nov 30)
\$105/due Dec 2 (Dec 2 - Feb 24)
\$110/due March 1 (Mar 1 - May 12)

Quarterly Sliding Fee: \$80/due Oct 5 (Oct 5 - Nov 30)
\$80/due Dec 2 (Dec 2 - Feb 24)
\$80 due March 1 (Mar 1 - May 12)

Yearly: \$320 paid upfront
Sliding fee: \$240 paid upfront

FRIDAY AM CLASS ▪ 8:30 - 11:30am

Class Dates: October 8, 15, 29

November 5, 12, 19

December 3, 10, 17

January 7, 14, 21, 28

February 4, 11, 18, 25

March 4, 11, 18, 25

April 1, 8, 15, 29

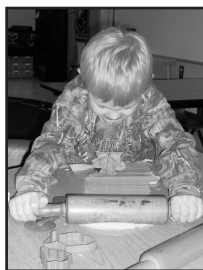
May 6, 13

Monthly: \$20 due 1st day of class each month starting Oct 8
Sliding fee: \$17/monthly

Quarterly: \$50/due Oct 8 (Oct 8- Nov 19)
\$50/due Dec 3 (Dec 3- Feb 25)
\$60/due Mar 4 (Mar 4 - May 13)

Quarterly Sliding Fee: \$45/due Oct 8 (Oct 8- Nov 19)
\$45/due Dec 3 (Dec 3- Feb 25)
\$46/due Mar 4 (Mar 4 - May 13)

Yearly: \$160 paid upfront
Sliding fee: \$136 paid up front



Explore, Play & Learn

You have an important role in the lives of young children. Explore, play & learn sessions will provide useful information and fun activities to help guide you in your important role of caring for young children. Are you a grandparent, friend or neighbor caregiver? If so, these sessions are designed with you in mind to enhance the knowledge and skills you currently have helping promote the healthy development, early literacy, and school readiness of young children 0-5 years old.

What is Explore, Play & Learn? * Make and take activities * Social get-togethers & opportunities to connect with others * Books and learning materials for early literacy * School readiness materials *

To offer support in your role as a caregiver

September 29, 2010 from 5:30 - 7:30pm

October 13, 2010 from Noon - 2:00pm

November 10, 2010 from 5:30 - 7:30pm

McGregor Early Childhood Classroom

Holly Anderson, Early Childhood Educator ▪ FREE FREE FREE

(Explore, Play & Learn is a joint effort of the Northland Foundation and McGregor Early Childhood Program)

Gym Night

Active bodies = active minds. Kids will enjoy an array of activities to get their little bodies moving while parents enjoy socializing with others.

Tuesday, September 14, 2010 from 5:30 - 6:30pm

\$5/child ▪ Cafeteria Gymnasium

Theme Night...Autumn is in the Air

Enjoy the many wonders of Autumn; splendidly rich in color and magic in the air as the classroom is filled with ideas and activities that spur your child's creative mind. Leaves falling, apples in abundance, pumpkins aplenty...join in on the fun!

Tuesday, October 19, 2010 from 5:30 - 7:00pm

\$5/child ▪ Early Childhood Classroom

Theme Night...Animals & Their Habitats

Kids are naturally curious about the world they live in. The focus of this class will be animals...small, big, soft, furry, wild and tame; in the jungle and in the woods. Your child will experience all the natural curiosity as they learn all about animals and their habitats.

Tuesday, November 16, 2010 from 5:30 - 7:00pm

\$5/child ▪ Early Childhood Classroom

Early Childhood Screening

Early Childhood Screening is a requirement in Minnesota for all children entering preschool and/or kindergarten. If you have a child who has not gone through the screening process please call 218.768.2121 x225 to make arrangements and set up a screening appointment.

Friday, October 1, 2010 from 8:00 - 4:00pm

McGregor Elementary School