


# November 2013

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><u>Breakfast</u> Assorted juices &amp; cereal available daily</p>					<p>1 B-Cinnamon roll</p> <p>L-Riblets, smiley potatoes, broccoli w/cheese &amp; fruit</p>	2
<p><u>Lunch:</u> Bread, fruit &amp; assorted milk are available daily. Salad bar is available for a lunch alternative for grades 4-12</p>	<p>4 B-Waffles</p> <p>L-Chicken sandwich, rice pilaf, peas/carrots &amp; fruit</p>	<p>5 B-Sausage, egg &amp; cheese on English muffin</p> <p>L-Quesadilla w/lettuce &amp; tomato cup, salsa, sour cream, refried beans, tater tots, veggies &amp; fruit</p>	<p>6 B-Apple turnover</p> <p>L-Beef ravioli w/meat sauce, corn, garlic toast &amp; fruit</p>	<p>7 B-Stuffed hash browns</p> <p>L-Ham/cheese sandwich, w/leaf lettuce &amp; tomato, soup w/crackers, carrots w/dip &amp; fruit</p>	<p>8 B-Caramel roll</p> <p>L-Pancakes w/maple syrup, scrambled egg w/ham, fresh carrots w/dip &amp; fruit</p>	9
10	<p>11</p> <p><b>NO SCHOOL CONFERENCES</b> <b>11:30am-7pm</b></p>	<p>12 B-French toast</p> <p>L-Cheeseburger, french fries, corn &amp; fruit</p>	<p>13 B-Cowboy bread &amp; sausage links</p> <p>L-Turkey/cheese sandwich w/leaf lettuce &amp; tomato, smiley potatoes, carrots &amp; fruit</p>	<p>14 B-Breakfast pizza</p> <p>L-Chili, cheese sticks, corn bread, chocolate cake &amp; fruit</p>	<p>15 B-Cinnamon roll</p> <p>L-Stuffed crust pizza, tossed salad, fresh veggies w/dip &amp; fruit</p>	16
17	<p>18 B-Pancakes</p> <p>L-Chicken fajita on a bun, lettuce &amp; tomato cup, smiley potatoes, carrots &amp; fruit</p>	<p>19 B-Scrambled egg, ham &amp; muffin</p> <p>L-Mini corn dogs, mac &amp; cheese, broccoli &amp; fruit</p>	<p>20 B-Bagel &amp; ham</p> <p>L-Tater tot hot dish, mixed veggies &amp; fruit</p>	<p>21 <b>GRANDPARENT'S DAY!!</b> B-Breakfast burrito</p> <p>L-Turkey gravy over mashed potatoes, green beans, pumpkin bar, fruit &amp; roll</p>	<p>22 B-Caramel roll</p> <p>L-Chicken nuggets, criss cut fries, corn &amp; fruit</p>	23
24	<p>25 B-Funnel cakes</p> <p>L-Sloppy joe, nachos w/cheese sauce, peas &amp; fruit</p>	<p>26 B-Pancake wrap</p> <p>L-Long spaghetti w/meat sauce, corn, bread stick &amp; fruit</p>	<p>27 B-Assorted rolls</p> <p>L-Beef or chicken taco w/lettuce &amp; tomato cup, sour cream, refried beans, tater tots &amp; fruit</p>	 <p>HAPPY THANKSGIVING</p>	<p>29</p> <p><b>NO SCHOOL THANKSGIVING BREAK</b></p>	