February 2013

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Breakfast Assorted juices \& cereal available daily |  |  |  |  | 1 <br> B-Cinnamon Roll <br> L-BBQ chicken bites, potato fries, corn, buttered bread \& fruit | 2 |
| 3 | 4 <br> B-Waffle <br> L-Riblet on a bun, smiley potatoes, peas \& fruit | 5 <br> B-Oatmeal \& muffin <br> L-Chicken nuggets, mac \& cheese, beets, green beans \& fruit | 6 <br> B-Apple turnover <br> L-Beef ravioli w/red sauce, peas/carrots, garlic bread \& fruit | 7 <br> B-Egg bake \& ham <br> L-Grilled cheese sandwich, tomato soup w/crackers, celery sticks \& fruit | 8 <br> B-Caramel Roll <br> L-BBQ pork sandwich, french fries, pork \& beans, carrots w/dip \& fruit | 9 |
| 10 | 11 <br> B-French toast <br> L-Chicken gravy over mashed potatoes, carrots, buttered bread \& fruit | 12 <br> B-Bagel \& ham <br> L-Ham \& cheese sandwich, chicken \& dumplings soup w/crackers, celery sticks \& fruit | 13 <br> B-Breakfast burrito <br> L-Stuffed crust pizza, tossed salad, fresh carrots w/dip \& fruit | 14 <br> B-Stuffed hashbrowns <br> L-Beef or chicken taco w/ lettuce/tomato cup, tater tots, green beans, refried beans, sour cream \& fruit | 15 <br> B-Cinnamon Roll <br> L-Cheeseburger w/lettuce, tomato \& pickle, fresh carrots, sweet potato fries \& fruit | 16 |
| 17 | 18 <br> PRESIDENT'S DAY <br> NO SCHOOL!! | 19 <br> B-English muffin \& ham <br> L-Hamburger gravy over mashed potatoes, buttered bread, broccoli \& fruit | 20 <br> B-Scrambled egg \& ham muffin <br> L-Turkey \& cheese sandwich w/lettuce \& tomato slices, spudster \& fruit | 21 <br> B-Hot pocket <br> L-Chicken fajita w/cheese, lettuce \& tomato cup, \& sour cream, smiley potatoes, fresh veggies \& fruit | 22 <br> B-Caramel Roll <br> L-Hot dog, french fries, corn \& fruit | 23 |
| 24 | 25 <br> B-Funnel cakes <br> L-Chicken sandwich, criss cut potatoes, green beans \& fruit | 26 <br> B-Pancake wrap <br> L-Chili w/crackers \& cheese, corn bread, chocolate cake \& fruit | 27 <br> B-Sausage, egg \& cheese biscuit <br> L-Pasta bar with chicken w/alfredo or spaghetti sauce over noodles, broccoli, garlic bread \& fruit | 28 <br> B-Muffin \& yogurt <br> L-Sloppy joe, nachos w/ cheese sauce, carrots \& fruit |  | Lunch: Bread, fruit \& assorted milk are available daily. Salad bar is available for a lunch alternative for grades 4-12 |

