## October 2009

Sports
21st Cer

21st Century/Kids Plus

Community Education

School Board/Admin

Outside Agency Arts & Music

October 2009 September 2009 November 2009 S M T W T F S S M T W T F S  $\mathsf{S} \mathsf{M} \mathsf{T} \mathsf{W} \mathsf{T} \mathsf{F} \mathsf{S}$ 1 2 3 4 5 1 2 3 1 2 3 4 5 6 7 6 7 8 9 10 11 12 4 5 6 7 8 9 10 8 9 10 11 12 13 14 13 14 15 16 17 18 19 11 12 13 14 15 16 17 15 16 17 18 19 20 21 20 21 22 23 24 25 26 18 19 20 21 22 23 24 22 23 24 25 26 27 28 27 28 29 30 25 26 27 28 29 30 31 29 30

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	27  7:30 AM Open Exercise (C. Meadows)  5:15 PM JV FB @ Hill City  6:00 PM School Board Mtg	3:30 PM CED Class 4:00 PM CC Meet @ Remer 5:00 PM Weight Watchers (Home Ec Rm) 5:15 PM VB - COOK CTY	7:30 AM Open Exercise (C. Meadows) 3:30 PM Elem VB 3:30 PM GED Class	1 = 4:00 PM CC Meet - McGregor = 5:30 PM FB Team Meal = 5:45 PM VB @ TWO HARBORS = 5:45 PM JHFB @ Albrook	7:00 PM FB – Cromwell (Homecoming)	
	School Photo Day	6 8:30 AM Preschool	7:30 AM Open Exercise (C. Meadows)	8:30 AM Preschool	8:00 AM Early Childhood Screening	VB @ Braham (Tournament)
	= 7:30 AM Open Exercise (C. Meadows) = 8:00 AM Early Childhood Screening = 10:15 AM Water Aerobics = 3:30 PM Hijp Hop Dance = 5:00 PM Ballet/Pointe = 5:00 PM AFSCME Mtg = 5:45 PM JV FB - Cromwell = 6:00 PM CPR Class	9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:30 PM GED Class 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class 5:45 PM VB @ ESKO 6:00 PM Cub Scout Meeting	■ 10:15 AM Water Aerobics ■ 3:30 PM CED Class ■ 3:30 PM Elem VB ■ 3:30 PM Dance Class 1-3rd ■ 5:30 PM Dance Class 3 yr - K	9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:15 PM Girl Scouts 3:30 PM 21st Cent Afterschool 4:15 PM JHFB @ Wrenshall 4:45 PM CC Meet @ C-l 5:30 PM Stability Ball & Weights Class 5:45 PM VB (V, JV & JH) - FLOODWOOD	■ 10:15 AM Water Aerobics ■ 7:00 PM FB @ Floodwood	vo go statum (roumanicity)
	11 12					1
	■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Hip Hop Dance ■ 5:00 PM Ballet/Pointe ■ 5:45 PM VB (V, JV & JH) - HILL CITY ■ 6:30 PM School Board Work Session	8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low 11:30 AM Senior Yoga Class School Board Work Session 12:15 PM Preschool 3:30 PM CED Class 3:30 PM CED Class 4:30 PM JHVB - AITKIN (H) 5:00 PM Weight Watchers (Home Ec 5:30 PM Stability Ball & Weights Class 5:45 PM VB @ MLWR	■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 1:00 PM CC Polar League Conf Meet Gr. Marais ■ 3:30 PM Elem VB ■ 3:30 PM GED Class ■ 5:30 PM GED Class ■ 5:30 PM Dance Class 1 - 3rd ■ 7:00 PM BSALWMP Mtg	No School  9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 5:30 PM Stability Ball & Weights Class	No School  10:15 AM Water Aerobics	
	18  7:30 AM Open Exercise (C. Meadows)  10:15 AM Water Aerobics  3:30 PM Hip Hop Dance  5:00 PM Ballet/Pointe  5:45 PM VB - IslE  5:45 PM JHFB - Isle  6:00 PM First Aid Class	8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:00 PM Flu Clinic 3:30 PM 21st Cent Afterschool 3:30 PM Fleld Trip Ball Bluff Farm 4:00 PM CC Meet @ Proctor 5:00 PM Weight Watchers (Home Ec 5:30 PM Stability Ball & Weights Class and 3 more	7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Dance Class 1-3rd 3:30 PM Kids Plus 5:30 PM Dance Class 3 yr - K	22  8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 12:30 PM AARP MN Drivers Safety Program (Grace Church) 3:15 PM Girl Scouts 3:30 PM 21st Cent Afterschool 5:30 PM Stability Ball & Weights Class	8:30 AM AM Preschool 10:15 AM Water Aerobics	FB Section 5-9man Playoffs (TBA)
	25  VB SECTION (TBA)  7:30 AM Open Exercise (C. Meadows)  10:15 AM Water Aerobics  3:30 PM Hip Hop Dance  5:00 PM Ballet/Pointe  6:00 PM School Board Meeting		7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Dance Class 1-3rd 3:30 PM Kids Plus 5:30 PM Dance Class 3 yr - K	VB SECTION (TBA)  CC Sections 7A @ Cloquet, TBA  8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:30 PM 21st Cent Afterschool 5:30 PM Stability Ball & Weights Class	B:30 AM AM Preschool 10:15 AM Water Aerobics	

## **November 2009**

Sports
21st Century/Kids Plus
Community Education
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Outside Agency

Arts & Music

October 2009 November 2009 December 2009 S M T W T F S S M T W T F S S M T W T F S 1 2 3 1 2 3 4 5 6 7 1 2 3 4 5 4 5 6 7 8 9 10 8 9 10 11 12 13 14 6 7 8 9 10 11 12 11 12 13 14 15 16 17 15 16 17 18 19 20 21 13 14 15 16 17 18 19 18 19 20 21 22 23 24 22 23 24 25 26 27 28 20 21 22 23 24 25 26 25 26 27 28 29 30 31 29 30 27 28 29 30 31

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Hip Hop Dance 5:00 PM Ballet/Pointe	8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class 6:00 PM Cub Scout Meeting	4  7:30 AM Open Exercise (C. Meadows)  10:15 AM Water Aerobics  3:30 PM Dance Class 1-3rd  3:30 PM Kids Plus  3:30 PM GED Class  5:30 PM Dance Class 3 yr - K	8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:15 PM Girl Scouts 5:30 PM ECFE Math Night 5:30 PM Stability Ball & Weights Class	Early Release/Teacher InService FB Section 5-9man Champ (TBA) End of 1st Qtr  8:30 AM AM Preschool 10:15 AM Water Aerobics	9:00 AM Craft Fair
8	9 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Hip Hop Dance 5:00 PM Ballet/Pointe	8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:30 PM GED Class 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class	11  7:30 AM Open Exercise (C. Meadows)  10:15 AM Water Aerobics  10:50 AM Veteran Day Observance (Auditorium)  3:30 PM GED Class  3:30 PM Dance Class 1-3rd  5:30 PM Dance Class 3 yr - K	12  8:30 AM Preschool  9:30 AM Active Senior Sneaker Class  10:30 AM Senior Sneaker Class (Low Impact)  11:30 AM Senior Yoga Class  12:15 PM Preschool  5:30 PM Stability Ball & Weights Class  7:00 PM HS Band/Choir Concert	Early Release  8:30 AM AM Preschool 10:15 AM Water Aerobics 1:00 PM Conferences	14
15	16  GBB Practice Begins  No School  7:30 AM Open Exercise (C. Meadows)  10:15 AM Water Aerobics  11:30 AM Conferences	17  8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:30 PM GED Class 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class 6:00 PM Cub Scout Meeting	18  7:30 AM Open Exercise (C. Meadows)  10:15 AM Water Aerobics  3:30 PM Kids Plus  3:30 PM Dance Class 1-3rd  5:30 PM Dance Class 3 yr - K	19  8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:15 PM Girl Scouts 5:30 PM Stability Ball & Weights Class	8:30 AM AM Preschool 10:15 AM Water Aerobics	21
22	BBB Practice Begins  7:30 AM Open Exercise (C. Meadows)  10:15 AM Water Aerobics  3:30 PM Hip Hop Dance 5:00 PM Ballet/Pointe 6:00 PM School Board Meeting	24  8:30 AM Preschool  9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact)  11:30 AM Senior Yoga Class 12:15 PM Preschool  5:00 PM Weight Watchers (Home Ec Rm)  5:30 PM Stability Ball & Weights Class 7:00 PM JH Band Choir Concert	7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Dance Class 1-3rd 5:30 PM Dance Class 3 yr - K	No School	No School  10:15 AM Water Aerobics	28
29	30  7:30 AM Open Exercise (C. Meadows)  10:15 AM Water Aerobics  3:30 PM Hip Hop Dance  5:00 PM Ballet/Pointe	8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:30 PM GED Class 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class 6:00 PM Cub Scout Meeting	2  7:30 AM Open Exercise (C. Meadows)  10:15 AM Water Aerobics  3:30 PM Kids Plus  3:30 PM Dance Class 1-3rd  3:30 PM GED Class  5:30 PM Dance Class 3 yr - K	8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:15 PM Girl Scouts 5:30 PM Stability Ball & Weights Class 5:45 PM GBB - LVCA	8:30 AM AM Preschool 10:15 AM Water Aerobics 5:45 PM BB @ Carlton	5

#### December 2009

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SMTWTFS SMTWTFS SMTWTFS 1 2 3 4 5 6 7 1 2 3 4 5 8 9 10 11 12 13 14 6 7 8 9 10 11 12 3 4 5 6 7 8 9 15 16 17 18 19 20 21 13 14 15 16 17 18 19 10 11 12 13 14 15 16 22 23 24 25 26 27 28 20 21 22 23 24 25 26 17 18 19 20 21 22 23 29 30 27 28 29 30 31 24 25 26 27 28 29 30 31

December 2009

January 2010

November 2009

Sunday Monday Tuesday Wednesday Thursday Friday Saturday 29 8.30 AM Preschool 8.30 AM Preschool 7:30 AM Open Exercise (C. Meadows) 7:30 AM Open Exercise (C. Meadows) 8.30 AM AM Preschool = 10:15 AM Water Aerobics 9.30 AM Active Senior Sneaker Class = 10:15 AM Water Aerobics 9.30 AM Active Senior Speaker Class = 10.15 AM Water Aerobics 3:30 PM Hip Hop Dance 10:30 AM Senior Sneaker Class (Low 3:30 PM GED Class 10:30 AM Senior Sneaker Class (Low ■ 5:45 PM BB @ Carlton 5:00 PM Ballet/Pointe 3:30 PM Kids Plus Impact) Impact) 11:30 AM Senior Yoga Class 11:30 AM Senior Yoga Class 3:30 PM Dance Class 1-3rd = 12:15 PM Preschool = 5:30 PM Dance Class 3 yr - K = 12:15 PM Preschool = 3:30 PM GED Class 3:15 PM Girl Scouts = 5:00 PM Weight Watchers (Home Ec = 5:30 PM Stability Ball & Weights Class ■ 5:45 PM GBB - LVCA = 5:30 PM Stability Ball & Weights Class = 6:00 PM Cub Scout Meeting 12 10 11 7:30 AM Open Exercise (C. Meadows)
10:15 AM Water Aerobics = 1:00 PM Ligths of Love 8.30 AM Preschool 7:30 AM Open Exercise (C. Meadows) 8.30 AM Preschool 8:30 AM AM Preschool 9:30 AM Active Senior Sneaker Class 10:15 AM Water Aerobics 9:30 AM Active Senior Sneaker Class 10:15 AM Water Aerobics = 3:30 PM Hip Hop Dance = 5:00 PM Ballet/Pointe 10:30 AM Senior Sneaker Class (Low 3:30 PM Kids Plus 10:30 AM Senior Sneaker Class (Low 5:45 PM BB - Greenway 3:30 PM Dance Class 1-3rd Impact) Impact) = 11:30 AM Senior Yoga Class = 11:30 AM Senior Yoga Class = 3:30 PM GED Class = 12:15 PM Preschool = 5:30 PM Dance Class 3 yr - K = 12:15 PM Preschool 3:30 PM GED Class = 5:30 PM Stability Ball & Weights Class = 5:00 PM Weight Watchers (Home Ec = 5:45 PM GBB @ Albrook = 5:30 PM Stability Ball & Weights Class 13 19 16 17 18 7:30 AM Open Exercise (C. Meadows)
10:15 AM Water Aerobics 8:30 AM Preschool 7:30 AM Open Exercise (C. Meadows) 8:30 AM Preschool 8:30 AM AM Preschool 6:00 PM HS Band Choir Dinner Concert 9:30 AM Active Senior Sneaker Class 10:15 AM Water Aerobics 9:30 AM Active Senior Sneaker Class 10:15 AM Water Aerobics 3:30 PM Hip Hop Dance
5:00 PM Ballet/Pointe
6:00 PM GBB @ Isle = 1:30 PM Elementary Holiday Musical = 5:45 PM BB @ Floodwood 10:30 AM Senior Sneaker Class (Low = 3:30 PM GED Class = 10:30 AM Senior Sneaker Class (Low = 3:30 PM Dance Class 1-3rd Impact) Impact) = 11:30 AM Senior Yoga Class 5:30 PM Dance Class 3 yr - K = 11:30 AM Senior Yoga Class = 12:15 PM Preschool = 12:15 PM Preschool = 6:00 PM School Board Meeting 3:30 PM GED Class 3:15 PM Girl Scouts = 5:00 PM Weight Watchers (Home Ec = 5:30 PM Stability Ball & Weights Class ■ 5:45 PM GBB @ Floodwood = 5:30 PM Stability Ball & Weights Class = 6:00 PM BB @ Isle 6:00 PM Cub Scout Meeting 26 20 22 23 24 25 7:30 AM Open Exercise (C. Meadows)
10:15 AM Water Aerobics 8:30 AM Preschool No School No School No School 9:30 AM Active Senior Sneaker Class 7:30 AM Open Exercise (C. Meadows) 3:30 PM Hip Hop Dance 5:00 PM Ballet/Pointe = 10:30 AM Senior Sneaker Class (Low 10:15 AM Water Aerobics Impact) 10:15 AM Water Aerobics = 5:45 PM GBB @ Wrenshall = 11:30 AM Senior Yoga Class = 12:15 PM Preschool = 5:00 PM Weight Watchers (Home Ec = 5:30 PM Stability Ball & Weights Class = 5:45 PM BB - Wrenshall 27 28 29 30 31 No School 7:30 AM Open Exercise (C. Meadows) 7:30 AM Open Exercise (C. Meadows) 9:30 AM Active Senior Sneaker Class 9:30 AM Active Senior Sneaker Class 10:15 AM Water Aerobics 10:15 AM Water Aerobics
12:00 PM GBB @ Aitkin (Tournament)
6:00 PM BB @ Aitkin (Tournament) 10:30 AM Senior Sneaker Class (Low 10:15 AM Water Aerobics = 10:30 AM Senior Sneaker Class (Low Impact) Impact) 11:30 AM Senior Yoga Class 11:30 AM Senior Yoga Class 12:00 PM GBB @ Aitkin (Tournament) 3:30 PM HS Dance Class = 5:30 PM Stability Ball & Weights Class = 5:00 PM Weight Watchers (Home Ec 5:30 PM Stability Ball & Weights Class 6:00 PM BB @ Aitkin (Tournament)

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February 2010 December 2009 January 2010 S M T W T F S S M T W T F S S M T W T F S 1 2 3 4 5 1 2 3 4 5 6 6 7 8 9 10 11 12 3 4 5 6 7 8 9 7 8 9 10 11 12 13 13 14 15 16 17 18 19 10 11 12 13 14 15 16 14 15 16 17 18 19 20 20 21 22 23 24 25 26 17 18 19 20 21 22 23 21 22 23 24 25 26 27 27 28 29 30 31 24 25 26 27 28 29 30 28 31

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
27		29			1		2
	No School  7:30 AM Open Exercise (C. Meadows)  10:15 AM Water Aerobics  12:00 PM GBB @ Aitkin (Tournament)  6:00 PM BB @ Aitkin (Tournament)	No School  9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact)  11:30 AM Senior Yoga Class 12:00 PM GBB @ Altkin (Tournament) 5:00 PM Weight Watchers (Home Ec 5:30 PM Stability Ball & Weights Class 6:00 PM BB @ Altkin (Tournament)	No School 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics	No School  9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact)  11:30 AM Senior Yoga Class 3:30 PM HS Dance Class 5:30 PM Stability Ball & Weights Class	No School  10:15 AM Water Aerobics		
3	4 School Resumes  7:30 AM Open Exercise (C. Meadows)  10:15 AM Water Aerobics  3:30 PM Hip Hop Dance  5:00 PM Ballet/Pointe  5:45 PM GBB - Two Harbors	8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low 11:30 AM Senior Yoga Class 12:15 PM Preschool 5:00 PM Weight Watchers (Home Ec 5:30 PM Stability Ball & Weights Class 5:45 PM BB @ Two Harbors 6:00 PM Cub Scout Meeting	6  7:30 AM Open Exercise (C. Meadows)  10:15 AM Water Aerobics  3:30 PM Dance Class 1-3rd  5:30 PM Dance Class 3 yr - K	7  8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:30 PM HS Dance Class 5:30 PM Stability Ball & Weights Class 5:45 PM GBB – Moose Lake/WR	8:30 AM AM Preschool 10:15 AM Water Aerobics 5:45 PM BB @ ML-WR	2:00 PM Church Basement Ladies Trip	9
10	7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Hip Hop Dance 5:00 PM Ballet/Pointe 5:45 PM GBB - Cromwell	8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 5:00 PM Weight Watchers (Home Ec 5:30 PM Stability Ball & Weights Class 5:45 PM BB @ Cromwell	7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Dance Class 1–3rd 5:30 PM Dance Class 3 yr – K	8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:15 PM Girl Scouts 3:30 PM HS Dance Class 5:30 PM Stability Ball & Weights Class 5:45 PM GBB @ Esko	8:30 AM AM Preschool 10:15 AM Water Aerobics 5:45 PM BB – Esko	10	.6
17		19		21			3
	No School/Teacher In-Service	<ul><li>8:30 AM Preschool</li><li>9:30 AM Active Senior Sneaker Class</li></ul>	7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics	= 8:30 AM Preschool = 9:30 AM Active Senior Sneaker Class	Early Release/Teacher InService End of 2nd Qtr	Cub Scout Pinewood Derby	
	■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 5:45 PM GBB - Floodwood	10:30 AM Senior Sneaker Class (Low Impact)     11:30 AM Senior Yoga Class     12:15 PM Preschool     5:00 PM Weight Watchers (Home Ec     5:30 PM Stability Ball & Weights Class     5:45 PM BB – Floodwood	■ 3:30 PM Dance Class 1–3rd ■ 5:30 PM Dance Class 3 yr – K	10:30 AM Senior Sneaker Class (Low Impact)     11:30 AM Senior Yoga Class     12:15 PM Preschool     3:30 PM HS Dance Class     5:30 PM Stability Ball & Weights Class     5:45 PM GBB – Barnum	8:30 A AM Preschool 10:15 AM Water Aerobics 5:45 PM BB @ Barnum		
24	25  7:30 AM Open Exercise (C. Meadows)  10:15 AM Water Aerobics  3:30 PM Hip Hop Dance  5:00 PM Ballet/Pointe	26  8:30 AM Preschool  9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact)  11:30 AM Senior Yoga Class 12:15 PM Preschool  5:00 PM Weight Watchers (Home Ec 5:30 PM Stability Ball & Weights Class 5:45 PM BB @ Hill City	27  7:30 AM Open Exercise (C. Meadows)  10:15 AM Water Aerobics  3:30 PM Dance Class 1-3rd  5:30 PM Dance Class 3 yr - K	28  8:30 AM Preschool  9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:15 PM Girl Scouts 3:30 PM HS Dance Class 5:30 PM Stability Ball & Weights Class 5:45 PM GBB @ Cromwell	8:30 AM AM Preschool 10:15 AM Water Aerobics 5:45 PM BB - Cromwell	6:00 AM Speech Meet	10
31	7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Hip Hop Dance 5:00 PM Ballet/Pointe 5:45 PM GBB - Carlton	8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 5:00 PM Weight Watchers (Home Ec 5:30 PM Stability Ball & Weights Class 6:00 PM Cub Scout Meeting	7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Dance Class 1-3rd 5:30 PM Dance Class 3 yr - K	8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:30 PM HS Dance Class 5:30 PM Stability Ball & Weights Class	8:30 AM AM Preschool 10:15 AM Water Aerobics 4:45 PM GB @ Silver Bay 4:45 PM BB @ Silver Bay		6

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January 2010

February 2010

March 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1 = 7:30 AM Open Exercise (C. Meadows) = 10:15 AM Water Aerobics = 3:30 PM Hip Hop Dance = 5:00 PM Ballet/Pointe = 5:45 PM GBB - Carlton	2  8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class 6:00 PM Cub Scout Meeting	7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Dance Class 1-3rd 5:30 PM Dance Class 3 yr - K	4 8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:30 PM HS Dance Class 5:30 PM Stability Ball & Weights Class	8:30 AM AM Preschool 10:15 AM Water Aerobics 4:45 PM BB @ Silver Bay 4:45 PM CBB @ Silver Bay	6
7	8 = 7:30 AM Open Exercise (C. Meadows) = 10:15 AM Water Aerobics = 3:30 PM Hip Hop Dance = 5:00 PM Ballet/Pointe = 5:45 PM BB - Ogilvie = 5:45 PM GBB - Ogilvie	9 8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class	7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Dance Class 1-3rd 5:30 PM Dance Class 3 yr - K	11  8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:15 PM Girl Scouts 3:30 PM HS Dance Class 5:30 PM Stability Ball & Weights Class 6:00 PM GBB @ Northland Remer	8:30 AM AM Preschool 10:15 AM Water Aerobics 4:45 PM GBB - Cook County 4:45 PM BB - Cook County	■ 8:00 AM Quilt Show
14	No School  7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 5:45 PM BB - Barnum	16  8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:30 PM GED Class 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class 5:45 PM GBB - Hill City	17  7:30 AM Open Exercise (C. Meadows)  10:15 AM Water Aerobics  3:30 PM GED Class  3:30 PM Dance Class 1-3rd  5:30 PM Dance Class 3 yr - K	18  8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:30 PM HS Dance Class 5:30 PM Stability Ball & Weights Class 5:345 PM GBB @ Carlton	8:00 AM Preschool Screening 10:15 AM Water Aerobics 5:45 PM BB - Carlton	20
21	22  7:30 AM Open Exercise (C. Meadows)  10:15 AM Water Aerobics  3:30 PM Hip Hop Dance  5:00 PM Ballet/Pointe  5:45 PM BB - Northland Remer	23  8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:30 PM GED Class 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class 5:45 PM GBB - Onamia	7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM GED Class 3:30 PM Dance Class 1-3rd 5:30 PM Dance Class 3 yr - K	25  8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:15 PM Cirl Scouts 3:30 PM HS Dance Class 5:30 PM Stability Ball & Weights Class 5:45 PM GBB - East Central	8:30 AM AM Preschool 10:15 AM Water Aerobics 5:45 PM BB @ East Central	27
28	1 = 7:30 AM Open Exercise (C. Meadows) = 10:15 AM Water Aerobics = 3:30 PM Hip Hop Dance = 5:00 PM Ballet/Pointe = 6:00 PM BB @ Albrook	8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:30 PM GED Class 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class 6:00 PM Cub Scout Meeting	3 7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Dance Class 1-3rd 3:30 PM GED Class 5:30 PM Dance Class 3 yr - K	8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:30 PM HS Dance Class 5:30 PM Stability Ball & Weights Class	8:30 AM AM Preschool 10:15 AM Water Aerobics 5:45 PM BB @ Onamia	6

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March 2010 April 2010 February 2010 S M T W T F S S M T W T F S S M T W T F S 1 2 3 4 5 6 1 2 3 4 5 6 1 2 3 7 8 9 10 11 12 13 7 8 9 10 11 12 13 4 5 6 7 8 9 10 14 15 16 17 18 19 20 14 15 16 17 18 19 20 11 12 13 14 15 16 17 21 22 23 24 25 26 27 21 22 23 24 25 26 27 18 19 20 21 22 23 24 28 28 29 30 31 25 26 27 28 29 30

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Hip Hop Dance 5:00 PM Ballet/Pointe 6:00 PM BB @ Albrook	8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:30 PM GED Class 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class 6:00 PM Cub Scout Meeting	3  7:30 AM Open Exercise (C. Meadows)  10:15 AM Water Aerobics  3:30 PM GED Class  3:30 PM Dance Class 1–3rd  5:30 PM Dance Class 3 yr - K	8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:30 PM HS Dance Class 5:30 PM Stability Ball & Weights Class	8:30 AM AM Preschool 10:15 AM Water Aerobics 5:45 PM BB @ Onamia	6
7	7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Hip Hop Dance 5:00 PM Ballet/Pointe	9  8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:30 PM GED Class 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class	10  7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Dance Class 1-3rd 3:30 PM GED Class 5:30 PM Dance Class 3 yr - K	8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:30 PM HS Dance Class 5:30 PM Stability Ball & Weights Class	8:30 AM AM Preschool 10:15 AM Water Aerobics	13
14	15	16		18		20
	■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Hip Hop Dance ■ 5:00 PM Ballet/Pointe	8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:30 PM GED Class 5:00 PM Weight Watchers (Home Ec	■ 7:30 AM Open Exercise (C. Meadows) ■ 10:15 AM Water Aerobics ■ 3:30 PM Dance Class 1–3rd ■ 3:30 PM GED Class ■ 5:30 PM Dance Class 3 yr − K	School Play  8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:30 PM HS Dance Class 5:30 PM Stability Ball & Weights Class	School Play  ■ 8:30 AM AM Preschool ■ 10:15 AM Water Aerobics	School Play
21	7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Hip Hop Dance 5:00 PM Ballet/Pointe	8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class	7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Dance Class 1–3rd 5:30 PM Dance Class 3 yr – K	8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:30 PM HS Dance Class 5:30 PM Stability Ball & Weights Class	End of 3rd Qtr Early Release/Teacher InService  8:30 AM AM Preschool 10:15 AM Water Aerobics	27
28	7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Hip Hop Dance 5:00 PM Ballet/Pointe	8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class	31  7:30 AM Open Exercise (C. Meadows)  10:15 AM Water Aerobics  3:30 PM Dance Class 1–3rd  5:30 PM Dance Class 3 yr – K	8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:30 PM HS Dance Class 5:30 PM Stability Ball & Weights Class	No School 10:15 AM Water Aerobics	3

# **April 2010**

Sports
21st Century/Kids Plus
Community Education
School Board/Admin
Outside Agency

Arts & Music

April 2010 May 2010 March 2010 S M T W T F S S M T W T F S S M T W T F S 1 2 3 4 5 6 1 2 3 7 8 9 10 11 12 13 4 5 6 7 8 9 10 2 3 4 5 6 7 8 14 15 16 17 18 19 20 11 12 13 14 15 16 17 9 10 11 12 13 14 15 21 22 23 24 25 26 27 18 19 20 21 22 23 24 16 17 18 19 20 21 22 28 29 30 31 25 26 27 28 29 30 23 24 25 26 27 28 29 30 31

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4	No School  7:30 AM Open Exercise (C. Meadows)  10:15 AM Water Aerobics	8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class 6:00 PM Cub Scout Meeting	7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Dance Class 1-3rd 4:00 PM Conferences 5:30 PM Dance Class 3 yr - K	8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:30 PM HS Dance Class 4:00 PM Conferences 5:30 PM Stability Ball & Weights Class	9 8:30 AM AM Preschool 10:15 AM Water Aerobics	10
11	7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Hip Hop Dance 5:00 PM Ballet/Pointe	8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class	7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Dance Class 1-3rd 5:30 PM Dance Class 3 yr - K	8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:30 PM HS Dance Class 5:30 PM Stability Ball & Weights Class	8:30 AM AM Preschool 10:15 AM Water Aerobics	9:00 AM Sections Meet
18	7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Hip Hop Dance 5:00 PM Ballet/Pointe	8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 9:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class 6:00 PM Cub Scout Meeting	7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Dance Class 1-3rd 5:30 PM Dance Class 3 yr - K	EARTH DAY  8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:30 PM HS Dance Class 5:30 PM Stability Ball & Weights Class	State Speech Meet  8:30 AM AM Preschool  10:15 AM Water Aerobics	State Speech Meet
25	7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Hip Hop Dance 5:00 PM Ballet/Pointe	8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 5:00 PM Weight Watchers (Home Ec Rm) 5:30 PM Stability Ball & Weights Class	7:30 AM Open Exercise (C. Meadows) 10:15 AM Water Aerobics 3:30 PM Dance Class 1–3rd 5:30 PM Dance Class 3 yr – K	8:30 AM Preschool 9:30 AM Active Senior Sneaker Class 10:30 AM Senior Sneaker Class (Low Impact) 11:30 AM Senior Yoga Class 12:15 PM Preschool 3:30 PM HS Dance Class 5:30 PM Stability Ball & Weights Class	8:30 AM AM Preschool 10:15 AM Water Aerobics	PROM