

Sheet1

FCOD	CATEGORY,C,	TITLE,C,35	STDY	UNIT	UNITDESC,C,25	SIZE,C,6
9001	SAUCES	BEEF GRAVY (BROWN)	50	0		2 OZ
203	ENTREE	PORK, ROAST	50	0		3 OZ
9008	SAUCES	SYRUP, STRAWBERRY	50	0		
1100	BREAD	PANROLLS, WHITE	50	0		1 EA
200	ENTREE	SPAGHETTI & ITALIAN MEATBALL SAUCE	50	0		6 OZ
500	VEGETABLE	MIXED VEGETABLES	50	0		4 OZ
1000	SIDEDISH	SWEET POTATOES	50	0		4 OZ
1500	CONDIMENT	DRESSING, RANCH - READY MADE	50	0		1 OZ
700	FRUIT	PEARS	50	0		
1102	BREAD	FRENCH BREAD, GARLIC	50	14	LOAVES	1 SL
600	VEG SALAD	TOSSED SALAD	50	0		4 OZ
502	VEGETABLE	CAULIFLOWER	50	0		4 OZ
1001	SIDEDISH	SWEET POTATOES - CANDIED	50	0		4 OZ
1101	BREAD	PANROLLS - WHOLE WHEAT	50	0		1 EA
1104	BREAD	BREAD, WHOLE WHEAT	50	0		1 SL
9002	SAUCES	ITALIAN SPAGHETTI SAUCE	50	0		3 OZ
602	VEG SALAD	TOSSED SALAD W/TOMATOES	50	0		4 OZ
1105	BREAD	FRENCH BREAD, BUTTERED	50	0		1 SL
1002	SIDEDISH	SWEET POTATOES - PUREE/SPECIAL	50	0		4 OZ
1201	DESSERTS	ICE CREAM	50	0		4 OZ
1	BEVERAGE	ORANGE JUICE	50	0		4 OZ
153	CEREAL	CORNFLAKES	50	0		1 C
1501	CONDIMENT	BUTTER REDDIES	50	0		1 PAT
4	BEVERAGE	JUICE, TOMATO	50	0		4 OZ
154	CEREAL	RICE KRISPIES	50	0		1 C
206	ENTREE	TURKEY, ROAST	50	0		3 OZ
503	VEGETABLE	SCANDANAVIAN VEGETABLES	50	0		4 OZ
504	VEGETABLE	GREEN BEANS	50	0		4 OZ
703	FRUIT	MANDARIN ORANGES	50	0		4 OZ
300	CASSEROLE	SPANISH RICE W/GROUND BEEF	50	0		8 OZ
1003	SIDEDISH	SAGE DRESSING	50	0		4 OZ
1502	CONDIMENT	CRANBERRY SAUCE	50	0		1 OZ
9003	SAUCE	TURKEY GRAVY	50	0		2 OZ
706	FRUIT	PEACHES	50	0		
102	BREAKFAST	EGG, SOFT COOKED	50	0		1 EA
103	BREAKFAST	SAUSAGE LINKS	50	0		2 OZ
156	CEREAL	CREAM OF RICE	50	0		8 OZ
209	ENTREE	BEEF STEW	50	0		6 OZ
211	ENTREE	HAM, BAKED	50	0		
579	VEGETABLE	BEETS	50	0		4 OZ
580	VEGATABLE	BEETS, PICKLED	50	0		4 OZ
603	VEG SALAD	COLESLAW, W/GREEN PEPPERS	50	0		4 OZ
604	VEG SALAD	COLESLAW, W/PINEAPPLE	50	0		4 OZ
605	VEG SALAD	COLESLAW, W/CARROTS	50	0		4 OZ
707	FRUIT	APPLE SLICES, SPICED	50	0		4 OZ
1004	SIDEDISH	POTATOES, AUGRATIN	50	0		4 OZ
1202	DESSERT	GELATIN - LIME W/WHIP TOPPING	50	0		1 PC
1205	DESSERTS	ORANGE GELATIN SALAD	50	0		1 PC

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9004 SAUCES	HORSERADISH SAUCE	50	0	1 OZ
9005 SAUCE	WHITE SAUCE, MEDIUM	128	0	1 OZ
1109 BREAD	BISCUIT, CHEESE	50	0	1 EA
9007 SAUCES	DRESSING, SLAW	50	0	1 OZ
108 BREAKFAST	BACON	50	0	2 SL
106 BREAKFAST	BATTER, FRENCH TOAST	100	0	1 EA
107 BREAKFAST	PANCAKES	100	0	1 EA
213 ENTREE	PIZZA, TOSTADA	50	0	1 PC
301 CASSEROLE	TUNA NOODLE CASSEROLE	50	0	8 OZ
581 VEGETABLE	BROCCOLI, SPEARS	50	0	4 OZ
1206 DESSERT	FILLING, CHERRY	50	0	4 OZ
1207 DESSERTS	TOPPING, CRISP	50	0	4 OZ
1208 DESSERT	CRUST, GRAHAM CRACKER	50	0	1 OZ
9006 SAUCES	SYRUP, PINEAPPLE	50	0	2 OZ
9009 SAUCES	SALSA	50	0	1 OZ
710 FRUIT	CHERRIES, DARK SWEET	50	0	4 OZ
712 FRUIT	BANANA, FRESH	50	0	1/2 EA
714 FRUIT	APRICOTS	50	0	4 OZ
800 FRT SALAD	PEAR WALDORF	50	0	4 OZ
1005 SIDEDISH	POTATOES, MASHED	50	0	4 OZ
1111 BREAD	CRUST, PIZZA	50	0	1 PC
1110 BREAD	BREAD, FRENCH - HOMEMADE	80	0	1 SL
110 BREAKFAST	OMELET, CHEESE	50	0	2 OZ
215 ENTREE	MEATBALLS, SAVORY	50	0	4 OZ
217 ENTREE	SANDWICH, PASTRAMI/CHEESE	50	0	1 EA
583 VEGETABLE	SPINACH	50	0	4 OZ
715 FRUIT	FRUIT COCKTAIL	50	0	4 OZ
716 FRUIT	PINEAPPLE, TIDBITS	50	0	4 OZ
1113 BREAD	BREAD, ONION/CHEESE	50	0	1 PC
1114 BREAD	CRACKERS, SALTINE	50	0	3 EA
1300 COOKIES	COOKIE, CHOCOLATE CHIP	50	0	1 EA
1301 COOKIES	COOKIE, SUGAR	50	0	1 EA
1302 COOKIES	COOKIE, CHOCOLATE SWIRL	50	0	1 EA
1303 COOKIES	COOKIE, CINNAMON/SUGAR	50	0	1 EA
9010 SAUCES	SAVORY MEATBALL SAUCE	50	0	1 OZ
400 SOUP	VEGETABLE LENTIL SOUP	50	0	6 OZ
111 BREAKFAST	WAFFLES	50	0	2 EA
112 BREAKFAST	HAM, BREAKFAST	50	0	2 OZ
220 ENTREE	PORK CHOPLET	50	0	4 OZ
302 CASSEROLE	TURKEY TETRAZZINI	50	0	8 OZ
584 VEGETABLE	CARROTS	50	0	4 OZ
606 VEG SALAD	4-BEAN SALAD - HOMEMADE	50	0	4 OZ
607 VEG SALAD	4-BEAN SALAD - READI MADE	50	0	4 OZ
718 FRUIT	APPLESAUCE, ROSY	50	0	4 OZ
1006 SIDEDISH	RICE	50	0	4 OZ
1209 DESSERTS	SHERBET	50	0	4 OZ
1400 CAKE	CAKE, ORANGE	50	0	1 PC
1401 CAKE	FROSTING, ORANGE	50	0	1 PC
9011 SAUCES	SWEET & SOUR SAUCE	50	0	2 OZ

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9013 SAUCES	SYRUP, MAPLE - HOMEMADE	50	0	2 OZ
9014 SAUCES	SYRUP, MAPLE - READI MADE	50	0	2 OZ
222 ENTREE	HAMBURGER/BUN W/CHEESE	50	0	1 EA
224 ENTREE	HAMBURGER/BUN	50	0	1 EA
226 ENTREE	FISH NUGGETS	50	0	7 EA
228 ENTREE	FISH FILLETS	20	0	3 OZ
585 VEGETABLE	TOMATOES, STEWED	50	0	4 OZ
801 FRT SALAD	FRUIT CUP, TROPICAL	50	0	4 OZ
1008 SIDEDISH	TATER TOTS	50	0	
1009 SIDEDISH	POTATOES, SCALLOPED	50	0	4 OZ
1115 BREAD	BISCUIT	50	0	1 EA
1210 DESSERT	PUDDING, CHOCOLATE	50	0	4 OZ
1505 CONDIMENT	CATSUP	50	0	1 OZ
1506 CONDIMENT	DRESSING, ITALIAN - READY MADE	50	0	1 OZ
1507 CONDIMENT	DILL SAUCE	50	0	1 OZ
6 BEVERAGE	JUICE, APPLE	50	250 GALLON	4 OZ
229 ENTREE	CHILI CON CARNE	50	0	6 OZ
230 ENTREE	SANDWICH, EGG SALAD	50	0	1 EA
231 ENTREE	SANDWICH, TUNA SALAD	50	0	1 EA
586 VEGETABLE	CELERY STICKS	50	0	3 EA
1116 BREAD	MUFFIN, ENGLISH	50	0	1 EA
1117 BREAD	BUN, HAMBURGER	50	0	1 EA
1211 DESSERTS	Hot Apple Pudding Cake	30	2 12x18 pans	3OZ
1212 DESSERTS	BUTTER RUM SAUCE	24	0	2OZ
312 CASSEROLE	TEST RECIPE	50	1 6 inch half pan	6OZ
44 BEVERAGE	TEST1	0	0	
45 BEVERAGE	TEST2	0	0	

ADD_D.COST_ICOSTMETHOD,M

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###	###	0.29
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###	###	0.04
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###	###	0.05
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###	###	0.08
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###	###	0.03
###	###	0.04
###	###	0.45
###	###	0.31
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###	###	0.62
###	###	0.18
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